In accordance with Section 167 of the Companies Act 2006

TM01

Termination of appointment of director

You can use the WebFiling service to file this form onling



Please go to www companieshouse gov uk What this form is for What this form is Pase You cannot use the You may use this form terminate the apposition secretary To do this uk to terminate the appointment of a director (individual or corporate) 16/01/2013 TM02 'Termination COMPANIES HOUSE of secretary' Company details → Filling in this form Company number 5 6 8 8 Please complete in typescript or in bold black capitals Company name in full POWER PLATE INTERNATIONAL LIMITED All fields are mandatory unless (IN ADMINISTRATION) specified or indicated by * Director's current details on the Register O Date of birth Please give us the current appointment details of this director held on the Providing a date of birth will help public Register us identify the correct person on the public record. This is voluntary ^d2 ^y 4 O ^y 9 Date of birth* 0 information and if completed it will be placed on the public record Title* MR Full forename(s) **BRIAN** Surname/Corporate CHERRY name Termination date 9 ^y2 ^y0 ^y1 ^y2 Only one director appointment can Date of termination of be terminated per form appointment Signature I am signing this form on behalf of the company Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please Signature delete 'director' and insert details of which organ of the SE the person signing has membership PAUL CLARK (JOINT ADMINISTRATOR) O Person authorised Under either section 270 or 274 of This form may be signed by Director , Secretary, Person authorised , Liquidator, Administrator, the Companies Act 2006 Administrative receiver, Receiver, Receiver manager, Charity Commission receiver and manager, CIC manager, Judicial factor THE SOINT ADMINISTRATORS ACT AS AGENTS FOR POWER PLATE INTERPHYTIONAL LIMITED AND PERSONA LIABILITY

TM01

Termination of appointment of director

Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record **ALEX LOWER DUFF & PHELPS LTD** 43-45 PORTMAN SQUARE LONDON County/Region Postcode W DX 020 7563 9455 Checklist We may return forms completed incorrectly or with information missing Please make sure you have remembered the following ☐ The company name and number match the

information held on the public Register

You have included the date of termination

being terminated

You have signed the form

You have correctly entered the name of the director

Important information

Please note that all information on this form will appear on the public record

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below.

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland The Registrar of Companies, Companies House, First Floor, Waterfront Plaza, 8 Laganbank Road, Belfast, Northern Ireland, BT1 3BS DX 481 N R Belfast 1

Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse gov.uk

November 12, 2012

Board of Directors Power Plate International Ltd. c/o Duff & Phelps Ltd. 43-45 Portman Square London W1H 6LY

To Power Plate International Ltd., and the Directors and Officers of it and all subsidiaries thereof

I, Greg Sherman, hereby resign (a) all positions that I hold as a director, representative, officer or in any other, similar capacity, in Power Plate International Ltd ("Company") and, (b) all positions that I hold in any subsidiary or other entity in which the Company has a direct or indirect ownership interest.

Such resignation is effective as of the date first written above, without the need for acceptance or further action by the Company or any such subsidiary or other entity.

Greg Sherman

Cc: Paul Clark and Philip Duffy, Administrators

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SEEN BY

Manager

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November 12, 2012

Board of Directors Power Plate International Ltd. c/o Duff & Phelps Ltd. 43-45 Portman Square London W1H 6LY

To Power Plate International Ltd., and the Directors and Officers of it and all subsidiaries thereof.

I, Robert M Williams, Jr, hereby resign (a) all positions that I hold as a director, representative, officer or in any other, similar capacity, in Power Plate International Ltd ("Company") and, (b) all positions that I hold in any subsidiary or other entity in which the Company has a direct or indirect ownership interest.

Such resignation is effective as of the date first written above, without the need for acceptance or further action by the Company or any such subsidiary or other entity.

Robert M. Williams, Jr.

Cc: Paul Clark and Philip Duffy, Administrators

November 12, 2012

Board of Directors Power Plate International Ltd. c/o Duff & Phelps Ltd 43-45 Portman Square London W1H 6LY

To Power Plate International Ltd, and the Directors and Officers of it and all subsidiaries thereof

I, Brian N. Cherry, hereby resign (a) all positions that I hold as a director, representative, officer or in any other, similar capacity, in Power Plate International Ltd ("Company") and, (b) all positions that I hold in any subsidiary or other entity in which the Company has a direct or indirect ownership interest.

Such resignation is effective as of the date first written above, without the need for acceptance or further action by the Company or any such subsidiary or other entity

Brian N. Cherry

Cc: Paul Clark and Philip Duffy, Administrators

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