



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **121 LIFE COACHING LTD**

*Company Number:* **05685398**

*Date of this return:* **24/01/2011**

*SIC codes:* **7414**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **143 EASTFIELD ROAD  
PETERBOROUGH  
CAMBS  
PE1 4AU**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MR NIRANJAN**

*Surname:* **PATEL**

*Former names:*

*Service Address:* **98 THORPE PARK ROAD  
PETERBOROUGH  
CAMBRIDGESHIRE  
PE3 6LJ**

*Company Director*    **1**

*Type:*                      **Person**

*Full forename(s):*        **MR APRIL DAWN**

*Surname:*                **WOOD**

*Former names:*

*Service Address:*        **105 ALBANY WALK  
WOODSTON  
PETERBOROUGH  
CAMBRIDGESHIRE  
PE2 9JW**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **11/09/1965**                      *Nationality:*    **BRITISH**

*Occupation:*    **LIFE COACH**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

WHETHER THE SHARES ARE TO BE REDEEMED OR ARE LIABLE TO BE REDEEMED AT THE OPTION OF THE COMPANY OR THE SHAREHOLDER AND ANY TERMS OR CONDITIONS RELATING TO REDEMPTION OF THESE SHARES

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 24/01/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 100 ORDINARY shares held as at 2011-01-24  
*Name:* APRIL DAWN WOOD

### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.