



Companies House

AR01 (ef)

Annual Return



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Company Name: **PRO ATHLETE SUPPLEMENTATION LIMITED**

Company Number: **05677303**

Date of this return: **19/03/2016**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **UNIT 23 HEADS OF THE VALLEY INDUSTRIAL ESTATE
RHYMNEY
BLAENAU GWENT
NP22 5RL**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR DARREN ANDREW**

Surname: **CAMPBELL**

Former names:

Service Address: **77 RISCA ROAD
ROGERSTONE
GWENT
NP10 9GD**

Company Director **1**

Type: **Person**
Full forename(s): **MR DARREN ANDREW**

Surname: **CAMPBELL**

Former names:

Service Address: **77 RISCA ROAD
ROGERSTONE
GWENT
NP10 9GD**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/09/1973** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Company Director **2**

Type: **Person**
Full forename(s): **JONATHAN DAVID**

Surname: **WILLIAMS**

Former names:

Service Address: **23 LAKESIDE
TREDEGAR
BLAENAU GWENT
NP22 3BL**

Country/State Usually Resident: **WALES**

Date of Birth: ****/08/1972** *Nationality:* **BRITISH**
Occupation: **NUTRITIONIST**

Statement of Capital (Share Capital)

Class of shares	A ORDINARY	<i>Number allotted</i>	1020
		<i>Aggregate nominal value</i>	1020
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE A ORDINARY SHARES SHALL BE NON REDEEMABLE BUT SHALL HOLD FULL RIGHTS IN RESPECT OF VOTING, AND SHALL ENTITLE THE HOLDER TO FULL PARTICIPATION IN RESPECT OF EQUITY AND IN THE EVENT OF A WINDING UP OF THE COMPANY. THE SHARES MAY BE CONSIDERED BY THE DIRECTORS WHEN CONSIDERING DIVIDENDS FROM TIME TO TIME.

Class of shares	B ORDINARY	<i>Number allotted</i>	60
		<i>Aggregate nominal value</i>	60
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE B ORDINARY SHARES SHALL BE NON REDEEMABLE BUT SHALL HOLD FULL RIGHTS IN RESPECT OF VOTING AND IN THE EVENT OF A WINDING UP OF THE COMPANY. THIS CLASS OF SHARE HAS NO RIGHT TO A DIVIDEND.

Class of shares	C ORDINARY	<i>Number allotted</i>	120
		<i>Aggregate nominal value</i>	120
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE C ORDINARY SHARES SHALL BE NON REDEEMABLE BUT SHALL HOLD FULL RIGHTS IN RESPECT OF VOTING, AND SHALL ENTITLE THE HOLDER TO FULL PARTICIPATION IN RESPECT OF EQUITY AND IN THE EVENT OF A WINDING UP OF THE COMPANY. A DIVIDEND MAY BE DECLARED ON THIS CLASS OF SHARE INDEPENDENTLY OF ANY DIVIDEND DECLARED ON ANY OTHER CLASS OF SHARE.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1200
		<i>Total aggregate nominal value</i>	1200

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 19/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **510 A ORDINARY shares held as at the date of this return**
Name: **DARREN CAMPBELL**

Shareholding 2 : **510 A ORDINARY shares held as at the date of this return**
Name: **JONATHAN DAVID WILLIAMS**

Shareholding 3 : **60 B ORDINARY shares held as at the date of this return**
Name: **JAMES WILLIAM HOOK**

Shareholding 4 : **120 C ORDINARY shares held as at the date of this return**
Name: **KEVIN WALKER**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.