



Companies House
— for the record —

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **19/04/2011**

XEDYQTFK

Company Name: **PRO ATHLETE SUPPLEMENTATION LIMITED**

Company Number: **05677303**

Date of this return: **19/03/2011**

SIC codes: **8514**

Company Type: **Private company limited by shares**

Situation of Registered Office: **UNIT 23 HEADS OF THE VALLEY INDUSTRIAL ESTATE
RHYMNEY
BLAENAU GWENT
NP22 5RL**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **DARREN ANDREW**

Surname: **CAMPBELL**

Former names:

Service Address: **77 RISCA ROAD
ROGERSTONE
GWENT
NP10 9GD**

Company Director **1**

Type: **Person**
Full forename(s): **DARREN ANDREW**

Surname: **CAMPBELL**

Former names:

Service Address: **77 RISCA ROAD
ROGERSTONE
GWENT
NP10 9GD**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **12/09/1973** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Company Director **2**

Type: **Person**

Full forename(s): **NEIL WILLIAM STANLEY**

Surname: **HAMMILL**

Former names:

Service Address: **ORCHARD HOUSE 27 ST MARGARET'S ROAD
ALDERTON
TEWKESBURY
GLOUCESTERSHIRE
GL20 8NN**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **05/04/1981** *Nationality:* **BRITISH**

Occupation: **MARKETING ANALYST**

Company Director **3**

Type: **Person**

Full forename(s): **JONATHAN DAVID**

Surname: **WILLIAMS**

Former names:

Service Address: **23 LAKESIDE
TREDEGAR
BLAENAU GWENT
NP22 3BL**

Country/State Usually Resident: **WALES**

Date of Birth: **12/08/1972** *Nationality:* **BRITISH**

Occupation: **NUTRITIONIST**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1200
		<i>Aggregate nominal value</i>	1200
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE ORDINARY SHARES SHALL BE NON REDEEMABLE BUT SHALL HOLD FULL RIGHTS IN RESPECT OF VOTING, AND SHALL ENTITLE THE HOLDER TO FULL PARTICIPATION IN RESPECT OF EQUITY AND IN THE EVENT OF A WINDING UP OF THE COMPANY. THE SHARES MAY BE CONSIDERED BY THE DIRECTORS WHEN CONSIDERING DIVIDENDS FROM TIME TO TIME.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1200
		<i>Total aggregate nominal value</i>	1200

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 19/03/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 450 ORDINARY shares held as at 2011-03-19
Name: DARREN CAMPBELL

Shareholding 2 : 450 ORDINARY shares held as at 2011-03-19
Name: JONATHAN DAVID WILLIAMS

Shareholding 3 : 240 ORDINARY shares held as at 2011-03-19
Name: NEIL WILLIAM STANLEY HAMMILL

Shareholding 4 : 60 ORDINARY shares held as at 2011-03-19
Name: JAMES WILLIAM HOOK

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.