

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the:

19/03/2010

Company Name:

PRO ATHLETE SUPPLEMENTATION LIMITED

Company Number:

05677303

Date of this return:

19/03/2010

SIC codes:

8514

Company Type:

Private company limited by shares

Situation of Registered Office:

UNIT 23 HEADS OF THE VALLEY INDUSTRIAL ESTATE

RHYMNEY

BLAENAU GWENT

NP22 5RL

Officers of the company

Company Secretary

Type:

Person

Full forename(s):

DARREN

Surname:

CAMPBELL

Former names:

Service Address: 77 RISCA ROAD

ROGERSTONE

GWENT NP10 9GD

Company Director 1

Type: Person

Full forename(s): DARREN

Surname: CAMPBELL

Former names:

Service Address: 77 RISCA ROAD

ROGERSTONE

GWENT NP10 9GD

Country/State Usually Resident: WALES

Date of Birth: 1973-09-12 Nationality: BRITISH

Occupation: DIRECTOR

Company Director 2

Type: Person

Full forename(s): NEIL WILLIAM STANLEY

Surname: HAMMILL

Former names:

Service Address: ORCHARD HOUSE 27 ST MARGARET'S ROAD

ALDERTON TEWKESBURY

GLOUCESTERSHIRE

GL20 8NN

Country/State Usually Resident: UNITED KINGDOM

Date of Birth: 1981-04-05 Nationality: BRITISH

Occupation: MARKETING ANALYST

Company Director 3

Type: Person

Full forename(s): JONATHAN DAVID

Surname: WILLIAMS

Former names:

Service Address: 23 LAKESIDE

TREDEGAR

BLAENAU GWENT

NP22 3BL

Country/State Usually Resident: WALES

Date of Birth: 1972-08-12 Nationality: BRITISH

Occupation: NUTRITIONIST

Statement of Capital (Share Capital)

Class of shares Currency	ORDINARY GBP	Number allotted Aggregate nominal value Amount paid per share Amount unpaid per share	1200 1200 1
Prescribed particulars	FULL RIGHTS IN REHOLDER TO FULL PEVENT OF A WINDI	ARES SHALL BE NON REDICESPECT OF VOTING, AND SPARTICIPATION IN RESPECTION OF THE COMPANY. THE DIRECTORS WHEN COMPANS	EEMABLE BUT SHALL HOLD SHALL ENTITLE THE CT OF EQUITY AND IN THE THE SHARES MAY BE
Statemen	t of Capital (Totals)		
Currency	GBP	Total number 1200 of shares)
		Total aggregate nominal value 1200)

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 19/03/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding: 1

450 ORDINARY Shares held as at 19/03/2010

Name: DARREN CAMPBELL

Address:

Shareholding : 2		450 ORDINARY Shares held as at 19/03/2010		
Name: Address:		JONATHAN DAVID WILLIAMS		
Shareholding		240 ORDINARY Shares held as at 19/03/2010		
Name: Address:		NEIL WILLIAM STANLEY HAMMILL		
 Shareholding	:4			
Name:		60 ORDINARY Shares held as at 19/03/2010 JAMES WILLIAM HOOK		
Address:				
		Authorisation		

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.