

**Macario
/Lewin
Chartered
Accountants/
Chartered Tax
Advisers**

88(2)

(Revised 2005)

Return of Allotment of Shares

Please complete form in typescript, or
in bold black capitals.

CHFP135

Company Number

5677303

Company name in full

Pro Athlete Supplementation Limited

Shares allotted (including bonus shares):

(see Guidance Booklet GBA6)

| Date or period during which shares were allotted <i>(If shares were allotted on one date enter that date in the "from" box)</i> | From | | | To | | | | | | | |
|---|------|-------|------|-----|-------|------|---|---|--|--|--|
| | Day | Month | Year | Day | Month | Year | | | | | |
| | 3 | 0 | 0 | 1 | 2 | 0 | 0 | 9 | | | |

Class of shares
(ordinary or preference etc)

Ordinary

Number allotted

998

Nominal value of each share

£1

**Amount (if any) paid or due on each
share (including any share premium)**

£1.00

**List the names and addresses of the allottees and the
number and class of shares allotted to each overleaf**

**If the allotted shares (including bonus shares) are fully or partly paid up otherwise than in
cash please state:**

% that each share is to be
treated as paid up

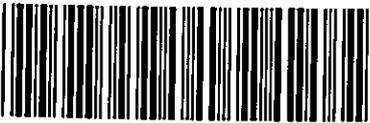
% (if any) that each share
is to be paid up in cash

| | | |
|--|--|--|
| | | |
| | | |

**Consideration for which
the shares were allotted**
*(This information must be supported by
the original or a certified copy of the
contract or by Form 88(3) if the contract
is not in writing)*

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| |
| |

FRIDAY



A76 27/02/2009 47
COMPANIES HOUSE

When you have completed and signed the form please send it to the
Registrar of Companies at:
Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
For companies registered in Scotland DX 235 Edinburgh
or LP - 4 Edinburgh 2

Names and addresses of the allottees

| Shareholder details <i>(list joint allottees as one shareholder)</i> | Shares and share class allotted | |
|---|--------------------------------------|------------------------|
| Name(s) Mr Darren Campbell Address 77 Risca Road, Rogerstone, Blaenau Gwent UK Postcode N P 1 0 9 G D | Class of shares allotted Ordinary | Number allotted 374 |
| Name(s) Mr Neil William Stanley Hammill Address Orchard House, 27 St Margarets Road, Alderton, Tewkesbury, Gloucestershire UK Postcode | Class of shares allotted Ordinary | Number allotted 200 |
| Name(s) Mr James William Hook Address 2 Nant Y Glyn, Parc Penscynnor, Cilfrew, Neath UK Postcode S A 1 0 8 H S | Class of shares allotted Ordinary | Number allotted 50 |
| Name(s) Mr Jonathan David Williams Address 8 Dennithorn Close, Old Forge Park, Merthyr Tydfil Mid Glamorgan UK Postcode C F 4 8 3 H E | Class of shares allotted Ordinary | Number allotted 374 |
| Name(s) _____ Address _____ UK Postcode | Class of shares allotted | Number allotted |

Please enter the number of continuation sheets (if any) attached to this form

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Signed



Date

30/1/2009

** A director / secretary / administrator / administrative receiver / receiver / official receiver / receiver manager / voluntary arrangement supervisor

** Please delete as appropriate

Contact Details

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

| | |
|---|--------------------------|
| Macario Lewin - Bellarmine House, 14 Upper Church Street | |
| Chepstow, Monmouthshire | |
| NP16 5EX | Tel 01291 621 588 |
| DX number | DX exchange |