

Please complete form in typescript,  
or in bold black capitals.  
CHFP135

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

5677303

Company Name in full

Pro Athlete Supplementation Limited

Date of appointment

Day Month Year  
3 0 0 1 2 0 0 9

Day Month Year  
1 2 0 9 1 9 7 3  
†Date of Birth

### Appointment form

Appointment as  
director

☒

as secretary

☐

Please mark the appropriate box. If appointment is as  
a director and secretary mark both boxes.

Notes on completion  
appear on reverse.

NAME \*Style / Title

Mr

\*Honours etc

MBE

Forename(s)

Darren

Surname

Campbell

Previous  
Forename(s)

Previous  
Surname(s)

††Usual residential  
address

77 Risca Road, Rogerstone

Post town

Postcode

NP10 9GD

County / Region

Blaenau Gwent

Country

United Kingdom

†Nationality

British

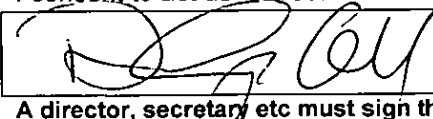
†Business occupation

Director

†Other directorships  
(additional space overleaf)

I consent to act as \*\*director / secretary of the above named company

Consent Signature



Date

30/1/2009

A director, secretary etc must sign the form below.

Signed



Date

30/1/2009

(\*director) / secretary / administrator / administrative receiver / receiver manager / receiver

You do not have to give any contact  
information in the box opposite but if  
you do, it will help Companies House  
to contact you if there is a query on  
the form. The contact information  
that you give will be visible to  
searchers of the public record.

Macario Lewin - Bellarmine House, 14 Upper Church Street

Chepstow, Monmouthshire

NP16 5EX

Tel

01291 621 588

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

For companies registered in Scotland

DX 235 Edinburgh  
or LP - 4 Edinburgh 2

FRIDAY



\*AMBRK7QF\*

A76

27/02/2009

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COMPANIES HOUSE

**Company Number** 5677303

†Directors only.

†Other directorships


#### NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surnames and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

#### Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company