

Form produced by

sage Company
Secretarial

Ver.3.03

88(2)

(Revised 2005)

Return of Allotment of Shares

Please complete in typescript,
or in bold black capitals.

CHFP013

Company Number

05677303

Company name in full

PRO ATHLETE SUPPLEMENTATION LIMITED

Shares allotted (including bonus shares):

(See Guidance Booklet GBA6)

Date or period during which
shares were allotted

(If shares were allotted on one date
enter that date in the "from" box)

From To
Day Month Year Day Month Year

0 3 1 1 2 0 0 8

Class of shares
(ordinary or preference etc)

Ordinary Shares of
£1.00 each

Number allotted

98

Nominal value of each share

£1.00

Amount (if any) paid or due on each
share (including any share premium)

£1.00

List the names and addresses of the allottees and the
number and class of shares allotted to each overleaf

If the allotted shares (including bonus shares) are fully or partly paid up otherwise than in
cash please state:

% that each share is to be
treated as paid up

% that each share is to be
treated as paid up in cash

100%	*	
100%		

Consideration for which
the shares were allotted

(This information must be supported by
the duly stamped contract or by the duly
stamped particulars on Form 88(3) if the
contract is not in writing)

CASH

WEDNESDAY



A83

AXMKE7A8
11/02/2009
COMPANIES HOUSE

160

When you have completed and signed the form send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff CF14 3UZ
for companies registered in England and Wales

DX 33050 Cardiff

or

Companies House, 37 Castle Terrace, Edinburgh EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh 2

Names and addresses of the allottees

Shareholder details <i>(list joint allottees as one shareholder)</i>	Shares and share class allotted	
Name <i>As per continuation sheet(s)</i> <hr/> Address <hr/> <hr/> UK Postcode <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u>	Class of shares allotted Ordinary Shares of £1.00 each <hr/> <hr/> <hr/>	Number allotted <hr/> <hr/> <hr/>
Name <hr/> Address <hr/> <hr/> UK Postcode <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u>	Class of shares allotted <hr/> <hr/> <hr/>	Number allotted <hr/> <hr/> <hr/>
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Name <hr/> Address <hr/> <hr/> UK Postcode <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u>	Class of shares allotted <hr/> <hr/> <hr/>	Number allotted <hr/> <hr/> <hr/>

Please enter the number of continuation sheets (if any) attached to this form

1

Signed

[Signature]
Secretary

Date

4th February 2009

** A director / secretary / administrator / administrative receiver / receiver / official receiver / receiver manager / voluntary arrangement supervisor

** Please delete as appropriate

Contact Details

You do not have to give any contact information in the box opposite, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public

Village Accounting Limited Accountants	
Long Meadow, 8a New Road, Mepal ELY Cambridgeshire	
CB6 2AP	Tel 01353 774030
DX number	DX exchange

PRO ATHLETE SUPPLEMENTATION LIMITED

Company Reg. No. 05677303

Return of Allotments of Shares

Form 88(2) Continuation Sheet

On 3/11/2008

Ordinary Shares of £1.00 each**Names and Addresses****Number of shares allotted****Ordinary Preference Other**

Mr Darren Campbell
77 Risca Road
Rogerstone
NEWPORT
Gwent
NP10 9GD

39

Mr Jonathan David Williams
23 Lakeside
TREDEGAR
Gwent
NP22 3BL

39

Mr Neil William Stanley Hammill
Orchard House
27 St Margaret's Road
Alderton
TEWKESBURY
Gloucestershire
GL20 8NN

20

TOTAL**98****0****0**