

form produced by

sage Company Secretarial

Ver.3.03

288a

Please complete in typescript, or
in bold black capitals.

CHFP013

APPOINTMENT of director or secretary
(NOT for resignation (use form 288b) or change
of particulars (use form 288c))

Company Number 05677303

Company Name in full PRO ATHLETE SUPPLEMENTATION LIMITED

Date of appointment Day Month Year Day Month Year
0 3 1 1 2 0 0 8 # Date of Birth 0 5 0 4 1 9 8 1

Appointment form

Appointment as director

X

as secretary

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion
appear on reverse

NAME * Style / Title

Mr

* Honours etc

Forename(s)

Neil William Stanley

Surname

Hammill

Previous Forename(s)

Previous Surname(s)

Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 732B of the Companies Act 1985

Usual residential address

Orchard House, 27 St Margaret's Road

Post town

TEWKESBURY

Postcode

GL20 8NN

County / Region

Gloucestershire

Country

ENGLAND

Nationality

British

Business occupation

MARKETING ANALYST

Other directorships (additional space overleaf)

None

I consent to act as ** director / secretary of the above named company

Consent signature

Date

4/2/09

* Voluntary details.

Directors only.

** Delete as appropriate.

Signed

Date

4/2/09

(* director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact information in the box opposite, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Village Accounting Limited Accountants

Long Meadow, 8a New Road, Mepal ELY Cambridgeshire

CB6 2AP

Tel 01353 774030

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at
Companies House, Crown Way, Cardiff, CF14 3UZ
or companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
or companies registered in Scotland DX 235 Edinburgh or LP - 4 Edinburgh 2

DX 33050 Cardiff



AXR467AP

A68

11/02/2009

384

COMPANIES HOUSE

WEDNESDAY

Company Number

05677303

Directors only.

Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.