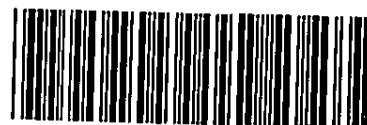


ABOUT FOODS LIMITED

Company Registration Number 05648764

Abbreviated Accounts 2012

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COMPANIES HOUSE

Brown Butler
Chartered Accountants
Leeds

About Foods Limited

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About Foods Limited

Independent Auditor's Report to About Foods Limited

Under section 449 of the Companies Act 2006

We have examined the abbreviated accounts out on pages 3 to 4 together with the full financial statements of About Foods Limited for the year ended 30 June 2012 prepared under section 396 of the Companies Act 2006

Respective responsibilities of directors and auditors

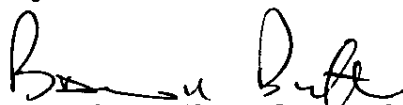
The directors are responsible for preparing the abbreviated accounts in accordance with section 444 of the Companies Act 2006. It is our responsibility to form an independent opinion as to whether the company is entitled to deliver abbreviated accounts to the Registrar of Companies and whether the abbreviated accounts have been properly prepared in accordance with the regulations made under that section and to report our opinion to you.

Basis of opinion

We conducted our work in accordance with Bulletin 2008/4 "the special auditor's report on abbreviated accounts in the United Kingdom" issued by the Auditing Practices Board. In accordance with that Bulletin we have carried out the procedures we consider necessary to confirm, by reference to the financial statements, that the company is entitled to deliver abbreviated accounts and that the abbreviated accounts to be delivered are properly prepared.

Opinion

In our opinion the company is entitled to deliver abbreviated accounts prepared in accordance with section 444(3) of the Companies Act 2006, and the abbreviated accounts have been properly prepared in accordance with the regulations made under that section.



Robert Solyom (Senior Statutory Auditor)
For and on behalf of Brown Butler,
Chartered Accountants and Statutory Auditor
Leigh House
28-32 St Paul's Street
Leeds
West Yorkshire
LS1 2JT

18 March 2013

About Foods Limited

Company Registration Number 05648764

Abbreviated Balance Sheet

30 June 2012

		30 June 2012 £	30 June 2011 £
	Note		
Current assets			
Debtors		26,045	28,026
Creditors Amounts falling due within one year		-	(2,000)
Net assets		<u>26,045</u>	<u>26,026</u>
Capital and reserves			
Called up share capital	2	5,000	5,000
Profit and loss account		<u>21,045</u>	<u>21,026</u>
Shareholders' funds		<u>26,045</u>	<u>26,026</u>

The directors have taken advantage, in the preparation of the abbreviated accounts, of the provisions applicable to companies subject to the small companies regime



K P Tindell
Director

18 March 2013

The notes on page 4 form part of these abbreviated accounts

1 Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention

Cash flow statement

The company qualifies as a small company under the Companies Act 2006. The directors have elected to take advantage of the exemption under FRS1 not to prepare a cash flow statement

Turnover

Turnover represents amounts receivable for sale of goods and services, net of VAT

Government grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the profit and loss account over the expected useful life of the assets. Grants towards revenue expenditure are released to the profit and loss account as the related expenditure is incurred.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed by the balance sheet date. Deferred tax is not recognised when assets are revalued unless, by the balance sheet date, the company has entered into a binding agreement to sell the assets and recognised the gains or losses expected to arise on sale.

2 Share capital

Allotted, called up and fully paid shares

	30 June 2012		30 June 2011	
	No	£	No	£
Ordinary shares of £1 each	5,000	5,000	5,000	5,000

3 Ultimate parent company

The ultimate parent company is the company's parent company Holmesterne Farm Co Limited