



Companies House

AR01 (ef)

Annual Return



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Company Name: **Abbey Fitness Limited**

Company Number: **05635678**

Date of this return: **24/11/2015**

SIC codes: **96040**

Company Type: **Private company limited by shares**

Situation of Registered Office: **3 PEGASUS HOUSE PEGASUS COURT
OLYMPUS AVENUE
WARWICK
WARWICKSHIRE
ENGLAND
CV34 6LW**

Officers of the company

Company Director ***1***

Type: **Person**

Full forename(s): **MR CHRISTOPHER ANDREW**

Surname: **PTOHOPOULOS**

Former names:

Service Address: **394 ANESSA ROAD LOOP
OCOEE
FLORIDA
USA
34761**

Country/State Usually Resident: **UNITED STATES OF AMERICA**

Date of Birth: ****/09/1963**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Company Director 2

Type: **Person**

Full forename(s): **MRS JUDITH**

Surname: **PTOHOPOULOS**

Former names:

Service Address: **394 ANESSA ROAD LOOP
OCOEE
FLORIDA
USA
34761**

Country/State Usually Resident: **UNITED STATES OF AMERICA**

Date of Birth: ****/03/1962**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
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Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 24/11/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **25 ORDINARY shares held as at the date of this return**
Name: **CHRISTOPHER ANDREW PTOHOPOULOS**

Shareholding 2 : **75 ORDINARY shares held as at the date of this return**
Name: **JUDITH PTOHOPOULOS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.