



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **Abbey Fitness Limited**

*Company Number:* **05635678**

*Date of this return:* **24/11/2014**

*SIC codes:* **96040**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **3 PEGASUS HOUSE PEGASUS COURT  
OLYMPUS AVENUE  
WARWICK  
WARWICKSHIRE  
ENGLAND  
CV34 6LW**

**Officers of the company**

*Company Director*    ***1***

*Type:*                      **Person**

*Full forename(s):*        **MR CHRIS**

*Surname:*                **PTOHOPOULOS**

*Former names:*

*Service Address:*        **394 ANESSA ROAD LOOP  
OCOEE  
FLORIDA  
USA  
34761**

*Country/State Usually Resident:*    **UNITED STATES OF AMERICA**

*Date of Birth:*    **10/09/1963**

*Nationality:*    **BRITISH**

*Occupation:*    **DIRECTOR**

*Company Director* 2

*Type:* **Person**

*Full forename(s):* **MRS JUDITH**

*Surname:* **PTOHOPOULOS**

*Former names:*

*Service Address:* **394 ANESSA ROAD LOOP  
OCOEE  
FLORIDA  
USA  
34761**

*Country/State Usually Resident:* **UNITED STATES OF AMERICA**

*Date of Birth:* **25/03/1962**

*Nationality:* **BRITISH**

*Occupation:* **DIRECTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>PARI PASU</b>			

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

## Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 24/11/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **25 ORDINARY shares held as at the date of this return**  
*Name:* **CHRIS PTOHOPOULOS**

*Shareholding 2* : **75 ORDINARY shares held as at the date of this return**  
*Name:* **JUDITH PTOHOPOULOS**

## Authorisation

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.