In accordance with Section 444 and 448 of the Companies Act 2006

AAO2 Dormant company accounts (DCA)



	You can use the WebFiling service to file dormant company accou	ints online	
	Please go to www companieshouse gov uk		
✓	What this is for You may use the AA02 'Dormant company accounts' (DCA) for accounting periods beginning on or after 6th April 2008 Please read the guidance in Section 6 before completion What this is NOT for You cannot use the AA02 accounting period begins 6th April 2008	A42	*AFGZ7X19* 27/08/2011 59 COMPANIES HOUSE
1	Company details	·	
Company number	0 5 6 3 5 6 7 8		→ Filling in the DCA
Company name in full	ABBEY FITNESS LIMITED		Please complete in typescript or in bold black capitals
			All fields are mandatory unless specified or indicated by *
2	Date of balance sheet		
Date of balance sheet	$\begin{bmatrix} d & 3 \end{bmatrix} \begin{bmatrix} d & 0 \end{bmatrix} \begin{bmatrix} m & 1 \end{bmatrix} \begin{bmatrix} m & 1 \end{bmatrix} \begin{bmatrix} y_2 & y_0 \end{bmatrix} \begin{bmatrix} y_1 & y_0 \end{bmatrix}$		
3	Accounts		
		Current Year	Previous Year
	Called up share capital not paid	£	£
	Cash at bank and in hand	£ 100.00	f 100.00
	Net assets	£ 100.00	f 100.00
Issued share capital			·
Ordinary shares	of £ 1.00 each		
	Shareholders' fund	£ 100 00	f 100.00
	Statements		
	For the below year ending the company was entitled to exemption from under section 480 of the Companies Act 2006 relating to dormant companies.		
For the year ending	d 3 d 0 1 1 2 y 2 y 0 y 1 y 0	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	Director's responsibilities The members have not required the company to obtain an audit of accounts for the year in question in accordance with section 476. The directors acknowledge their responsibilities for complying with requirements of the Act with respect to accounting periods and the preparation of accounts. These accounts have been prepared in accordance with the provision at to companies subject to small companies' regime. Please tick the box if during the year the company acted as an apperson.		

AA02

Dormant company accounts (DCA)

4	Date of approval of accounts •	
Approval of accounts	5 5 8 12 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Please insert the date the accounts were approved by the board of directors
5	Director's signature and name	
Signature	Signature X Y V Chappel Oss	
Oirector's name	JUDITH PTOHOPOULOS \	
6	Guidance	
	This guidance is on preparing dormant company accounts for a company limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary for financial years beginning on or after 6th April 2008	Please Note The total of Net Assets should equal the total of Shareholders' Funds - The DCA is only suitable for dorman companies where the company's only transaction is one mentioned ir 'a' above and the company is not a subsidiary - Do not use the DCA if your company is a charity or is limited by guarantee or has no shares - Do not use the DCA if preparing accounts in accordance with
	a The attached template for dormant company accounts is only suitable for those companies limited by shares which have never traded and where the only transaction entered into the accounting records of the company is the issue of subscriber shares	
	b Shares may be fully paid, partly paid or unpaid. Any paid element should be shown as "Cash at Bank and in hand", Any unpaid element shown as "Called up share capital not paid"	
	c Dormant companies acting as an agent for any person must state that they have so acted in Section 3	International Accounting Standards (IAS)
	d A fee or penalty raised on the company for the payment of an annual return fee, change of name fee, reregistration fee, or late filing penalty may be omitted from the company records and this DCA - if the payment was made by a third party without any right of reimbursement	
	e The company directors are responsible for preparing and filing accounts at Companies House that comply with the requirements of the Companies Act and failure to do so may result in prosecution. Should you have any doubt about the company's entitlement to file dormant accounts, or the preparation of those accounts, you should seek professional advice.	
	f This guidance only advises on the preparation of abbreviated dormant accounts which can be filed at Companies House. It does not advise on the preparation of full accounts for the members.	

AA02

Dormant company accounts (DCA)

Presenter information	Important information
You do not have to give any contact information, but if you do it will help Companies House if there is a query The contact information you give will be visible to	Please note that all this information will appear on the public record.
searchers of the public record	■ Where to send
Contact name Company name PATTINSONS	You may return the DCA to any Companies House address, however for expediency we advise you t return it to the appropriate address below
Address 8 THE COURTYARD, GOLDSMITH WAY,	For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff
Post town NUNRATON County/Region WARWICKSHIRE Postcode C V 1 0 7 R J J	For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)
DX Telephone 024 76 375777 ✓ Checklist We may return dormant company accounts	For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1
completed incorrectly or with information missing	Eurther information
Please make sure you have remembered the following The company name and number match the information held on the public Register You have entered the date of the balance sheet in Section 2 You have completed Section 3 correctly You have entered the date of approval of the accounts in Section 4 A Director has signed the DCA and printed their name You have read the guidance in Section 6	Further information For further information, please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk Dormant company accounts are available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk