REGISTERED NUMBER: 05615088 (England and Wales)

Unaudited Financial Statements for the Year Ended 30 November 2019

for

A And L Clinics Limited

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A And L Clinics Limited

Company Information for the Year Ended 30 November 2019

DIRECTOR:	Mr A Pocius		
SECRETARY:			
REGISTERED OFFICE:	3rd Floor Scottish Mutual House 27-29 North Street Hornchurch Essex RM11 1RS		
REGISTERED NUMBER:	05615088 (England and Wales)		
ACCOUNTANTS:	Havard & Associates Third Floor Scottish Mutual House 27-29 North Street Hornchurch Essex RM11 1RS		

Balance Sheet 30 November 2019

		30.11.19		30.11.18	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	4		45,792		50,561
CURRENT ASSETS					
Stocks		6,000		_	
Debtors	5	5,157		4,984	
Cash at bank and in hand	3	6,262		10,535	
Cusir at built and in hund		17,419		15,519	
CREDITORS		.,,,,,		10,019	
Amounts falling due within one year	6	188,851		269,266	
NET CURRENT LIABILITIES	Ü		(171,432)		(253,747)
TOTAL ASSETS LESS CURRENT			(171,102)		(2001,717)
LIABILITIES			(125,640)		(203,186)
			, , ,		, , ,
CREDITORS					
Amounts falling due after more than one year	7		(5,564)		(10,700)
•					
PROVISIONS FOR LIABILITIES			(8,127)		(8,907)
NET LIABILITIES			(139,331)		(222,793)
CAPITAL AND RESERVES					
Called up share capital			100		100
Retained earnings			(139,431)		(222,893)
SHAREHOLDERS' FUNDS			(139,331)		(222,793)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of
- (b) each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Balance Sheet - continued 30 November 2019

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 21 July 2020 and were signed by:

Mr A Pocius - Director

Notes to the Financial Statements

for the Year Ended 30 November 2019

1. STATUTORY INFORMATION

A And L Clinics Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost, 20% on reducing balance and 15% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 5 (2018 - 5).

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Notes to the Financial Statements - continued for the Year Ended 30 November 2019

4. TANGIBLE FIXED ASSETS

т.	COST		Plant and machinery etc
	COST At 1 December 2018		224 152
	Additions		224,152
	At 30 November 2019		$\frac{4,377}{228,529}$
	DEPRECIATION		
	At 1 December 2018		173,591
	Charge for year		9,146
	At 30 November 2019		182,737
	NET BOOK VALUE		
	At 30 November 2019		45,792
	At 30 November 2018		50,561
5.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		30.11.19	30.11.18
		£	£
	Trade debtors	<u>-</u>	2,333
	Other debtors	5,157	2,651
		5,157	<u>4,984</u>
6.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		30.11.19 £	30.11.18 £
	Hire purchase contracts	5,136	5,136
	Trade creditors	6,344	65,701
	Taxation and social security	1,852	1,661
	Other creditors	175,519	196,768
		188,851	269,266
7.	CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR		
	- 	30.11.19	30.11.18
		£	£
	Hire purchase contracts	<u>5,564</u>	<u>10,700</u>

8. **RELATED PARTY DISCLOSURES**

50% of this company is owned by Charisma 2015 Ltd, which the director owns 100% of.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.