

Abbreviated Accounts for the Year Ended 30 November 2016

for

A and L Clinics Limited

Contents of the Abbreviated Accounts
for the Year Ended 30 November 2016

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	4

A and L Clinics Limited

Company Information
for the Year Ended 30 November 2016

DIRECTORS:

Mr L M Ahmed
Mr A Pocius

REGISTERED OFFICE:

9 Lower Brook Street
Ipswich
Suffolk
IP4 1AG

REGISTERED NUMBER:

05615088 (England and Wales)

ACCOUNTANTS:

Emsdens Limited
10 Ladbrook Close
Elmsett
Ipswich
Suffolk
IP7 6LD

Abbreviated Balance Sheet
30 November 2016

	Notes	30.11.16 £	£	30.11.15 £	£
FIXED ASSETS					
Tangible assets	2		33,711		41,306
CURRENT ASSETS					
Debtors		36,016		33,450	
Cash at bank		<u>17,707</u>		<u>21,282</u>	
		53,723		54,732	
CREDITORS					
Amounts falling due within one year		<u>124,913</u>		<u>103,597</u>	
NET CURRENT LIABILITIES			<u>(71,190)</u>		<u>(48,865)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			(37,479)		(7,559)
CREDITORS					
Amounts falling due after more than one year			<u>142,907</u>		<u>147,878</u>
NET LIABILITIES			<u>(180,386)</u>		<u>(155,437)</u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>(180,486)</u>		<u>(155,537)</u>
SHAREHOLDERS' FUNDS			<u>(180,386)</u>		<u>(155,437)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 23 November 2017 and were signed on its behalf by:

Mr L M Ahmed - Director

Mr A Pocius - Director

Notes to the Abbreviated Accounts
for the Year Ended 30 November 2016

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost, 20% on reducing balance and 15% on reducing balance

Computer equipment - 25% reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **TANGIBLE FIXED ASSETS**

	Total £
COST	
At 1 December 2015	183,987
Additions	216
At 30 November 2016	<u>184,203</u>
DEPRECIATION	
At 1 December 2015	142,681
Charge for year	7,811
At 30 November 2016	<u>150,492</u>
NET BOOK VALUE	
At 30 November 2016	<u>33,711</u>
At 30 November 2015	<u>41,306</u>

3. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	30.11.16 £	30.11.15 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.