

Registered Number 05615088

A and L Clinics Limited

Abbreviated Accounts

30 November 2015

Balance Sheet as at 30 November 2015

	Notes	2015	2014
		£	£
Fixed assets	2		
Tangible		41,306	51,897
		<u>41,306</u>	<u>51,897</u>
Current assets			
Debtors		33,450	27,074
Cash at bank and in hand		21,282	7,329
Total current assets		<u>54,732</u>	<u>34,403</u>
Creditors: amounts falling due within one year		(103,597)	(108,766)
Net current assets (liabilities)		(48,865)	(74,363)
Total assets less current liabilities		<u>(7,559)</u>	<u>(22,466)</u>
Creditors: amounts falling due after more than one year	3	(147,878)	(145,195)
Total net assets (liabilities)		<u>(155,437)</u>	<u>(167,661)</u>
Capital and reserves			
Called up share capital	4	100	100

Profit and loss account	(155,537)	(167,761)
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Shareholders funds	<u>(155,437)</u>	<u>(167,661)</u>
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- a. For the year ending 30 November 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 19 August 2016

And signed on their behalf by:

Mr A Pocius, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 30 November 2015

1 Accounting policies**Basis of accounting**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year. In respect of long-term contracts and contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion.

Hire purchase agreements

Assets held under hire purchase agreements are capitalised and disclosed under tangible fixed assets at their fair value. The capital element of the future payments is treated as a liability and the interest is charged to the profit and loss account on a straight line basis.

Fixed Assets

All fixed assets are initially recorded at cost.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities. Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability. Where the contractual terms of share capital do not have any terms meeting the definition of a financial liability then this is classed as an equity instrument. Dividends and distributions relating to equity instruments are debited direct to equity.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant & Machinery	20% reducing balance
Fixtures & Fittings	15% reducing balance
Equipment	33% straight line

2 Fixed Assets

	Tangible Assets	Total
Cost or valuation	£	£
At 01 December 2014	184,913	184,913
Additions	751	751
Disposals	(1,677)	(1,677)
At 30 November 2015	<u>183,987</u>	<u>183,987</u>
Depreciation		
At 01 December 2014	133,016	133,016
Charge for year	11,343	11,343
On disposals	(1,678)	(1,678)
At 30 November 2015	<u>142,681</u>	<u>142,681</u>
Net Book Value		
At 30 November 2015	41,306	41,306
At 30 November 2014	<u>51,897</u>	<u>51,897</u>

3 Creditors: amounts falling due after more than one year

4 Share capital

	2015	2014
	£	£
Authorised share capital:		
100 Ordinary of £1 each	100	100
Allotted, called up and fully paid:		
100 Ordinary of £1 each	100	100

