



Companies House
— for the record —

AR01 (ef)

Annual Return



X6LSIPSF

Received for filing in Electronic Format on the: **09/12/2010**

Company Name: **A AND L CLINICS LIMITED**

Company Number: **05615088**

Date of this return: **08/11/2010**

SIC codes: **8513**

Company Type: **Private company limited by shares**

Situation of Registered Office: **9 LOWER BROOK STREET
IPSWICH
SUFFOLK
IP4 1AG**

Officers of the company

Company Director ***I***

Type: **Person**

Full forename(s): **MR LIBAN**

Surname: **AHMED**

Former names:

Service Address: **4 DRAYMANS WAY
IPSWICH
SUFFOLK
IP3 0QU**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **25/09/1967**

Nationality: **BRITISH**

Occupation: **TAX ADVISER**

Company Director **2**

Type: **Person**
Full forename(s): **ANDRIUS**

Surname: **POCIUS**

Former names:

Service Address: **FLAT 406 1 COPROLITE STREET
IPSWICH
SUFFOLK
UNITED KINGDOM
IP3 0BN**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **22/08/1957** *Nationality:* **LITHUANIAN**

Occupation: **DENTIST**

Company Director **3**

Type: **Person**

Full forename(s): **LINA**

Surname: **POCIUTE**

Former names:

Service Address: **FLAT 5 UNICORN HOUSE
1 FOUNDATION STREET
IPSWICH
SUFFOLK
UNITED KINGDOM
IP4 1BG**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **17/05/1980**

Nationality: **LITHUANIAN**

Occupation: **DENTIST**

Statement of Capital (Share Capital)

Class of shares	ORDINARY A#1	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
STANDARD ORDINARY SHARE RIGHTS			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/11/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 50 ORDINARY A#1 shares held as at 2010-11-08
Name: VIRGINIJA POCIUVIENE

Shareholding 2 : 50 ORDINARY A#1 shares held as at 2010-11-08
Name: LIBAN AHMED

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.