



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **23/10/2013**

**X2JLK7OB**

---

*Company Name:* **ARH Fitness Limited**

*Company Number:* **05599748**

*Date of this return:* **21/10/2013**

*SIC codes:* **96040**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **UNIT 8 HOPPER WAY  
DISS BUSINESS PARK  
DISS  
NORFOLK  
UNITED KINGDOM  
IP22 4GT**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MISS ANOUSKA PATRICIA**

*Surname:* **HIPPERSON**

*Former names:*

*Service Address:* **8 HOPPER WAY  
DISS  
NORFOLK  
UNITED KINGDOM  
IP22 4GT**

*Company Director*    **1**

*Type:*                            **Person**  
*Full forename(s):*            **MISS ANOUSKA PATRICIA**

*Surname:*                      **HIPPERSON**

*Former names:*

*Service Address:*            **8 HOPPER WAY  
DISS  
NORFOLK  
UNITED KINGDOM  
IP22 4GT**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **07/12/1977**                      *Nationality:*    **BRITISH**  
*Occupation:*    **DIRECTOR**

*Company Director* 2

*Type:* **Person**  
*Full forename(s):* **MR ROSCOE DAVID**

*Surname:* **HIPPERSON**

*Former names:*

*Service Address:* **8 HOPPER WAY  
DISS  
NORFOLK  
UNITED KINGDOM  
IP22 4GT**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **12/08/1975** *Nationality:* **BRITISH**  
*Occupation:* **DIRECTOR**

## Statement of Capital (Share Capital)

---

<b>Class of shares</b>	<b>ORDINARY A</b>	<i>Number allotted</i>	<b>2</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>THE SHARES CARRY FULL VOTING RIGHTS</b>			

<b>Class of shares</b>	<b>ORDINARY B</b>	<i>Number allotted</i>	<b>2</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>NO VOTING RIGHTS</b>			

<b>Class of shares</b>	<b>ORDINARY C</b>	<i>Number allotted</i>	<b>1</b>
		<i>Aggregate nominal value</i>	<b>1</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>NO VOTING RIGHTS</b>			

<b>Class of shares</b>	<b>ORDINARY D</b>	<i>Number allotted</i>	<b>1</b>
		<i>Aggregate nominal value</i>	<b>1</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>NO VOTING RIGHTS</b>			

---

## Statement of Capital (Totals)

---

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>6</b>
		<i>Total aggregate nominal value</i>	<b>6</b>

---

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 21/10/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

*The company has indicated that there are no changes to shareholder details; a full list was provided in one of the previous two returns.*

---

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.