

**ACTIVE EDGE (NUTRITION) LIMITED
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

Jupp Castle Limited

ACCA

5 Taplins Court
Taplins Farm Lane Hartley Wintney
Hook
Hampshire
RG27 8XU

Active Edge (Nutrition) Limited
Unaudited Financial Statements
For The Year Ended 31 December 2022

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Active Edge (Nutrition) Limited
Balance Sheet
As at 31 December 2022

Registered number: 05585268

		2022		2021	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	3		4,799		8,272
			4,799		8,272
CURRENT ASSETS					
Stocks	4	208,186		206,009	
Debtors	5	152,225		256,244	
Cash at bank and in hand		628,732		551,246	
		989,143		1,013,499	
Creditors: Amounts Falling Due Within One Year	6	(58,197)		(126,212)	
NET CURRENT ASSETS (LIABILITIES)			930,946		887,287
TOTAL ASSETS LESS CURRENT LIABILITIES			935,745		895,559
NET ASSETS			935,745		895,559
CAPITAL AND RESERVES					
Called up share capital	7		1		1
Profit and Loss Account			935,744		895,558
SHAREHOLDERS' FUNDS			935,745		895,559

Active Edge (Nutrition) Limited
Balance Sheet (continued)
As at 31 December 2022

For the year ending 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

On behalf of the board

Mr John Carey

Director

21 February 2023

The notes on pages 3 to 5 form part of these financial statements.

Active Edge (Nutrition) Limited
Notes to the Financial Statements
For The Year Ended 31 December 2022

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	25% straight line
Computer Equipment	25% straight line

1.4. Stocks and Work in Progress

Stocks and work in progress are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads. Work-in-progress is reflected in the accounts on a contract by contract basis by recording turnover and related costs as contract activity progresses.

1.5. Foreign Currencies

Monetary assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate ruling on the date of the transaction. Exchange differences are taken into account in arriving at the operating profit.

1.6. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable profit for the year. Taxable profit differs from profit as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other years and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable profit. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable profits will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable profits will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and assets reflect the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in profit or loss, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 2 (2021: 2)

Active Edge (Nutrition) Limited
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2022

3. Tangible Assets

	Plant & Machinery	Computer Equipment	Total
	£	£	£
Cost			
As at 1 January 2022	15,620	2,067	17,687
Additions	-	808	808
As at 31 December 2022	<u>15,620</u>	<u>2,875</u>	<u>18,495</u>
Depreciation			
As at 1 January 2022	8,135	1,280	9,415
Provided during the period	3,905	376	4,281
As at 31 December 2022	<u>12,040</u>	<u>1,656</u>	<u>13,696</u>
Net Book Value			
As at 31 December 2022	<u>3,580</u>	<u>1,219</u>	<u>4,799</u>
As at 1 January 2022	<u>7,485</u>	<u>787</u>	<u>8,272</u>

4. Stocks

	2022	2021
	£	£
Stock - finished goods	208,186	206,009
	<u>208,186</u>	<u>206,009</u>

5. Debtors

	2022	2021
	£	£
Due within one year		
Trade debtors	152,224	167,805
Other debtors	1	88,439
	<u>152,225</u>	<u>256,244</u>

6. Creditors: Amounts Falling Due Within One Year

	2022	2021
	£	£
Trade creditors	8,117	36,570
Other creditors	2,569	2,217
Taxation and social security	47,511	87,425
	<u>58,197</u>	<u>126,212</u>

7. Share Capital

	2022	2021
Allotted, Called up and fully paid	<u>1</u>	<u>1</u>

Active Edge (Nutrition) Limited
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2022

8. Directors Advances, Credits and Guarantees

Included within Debtors are the following loans to directors:

	As at 1 January 2022	Amounts advanced	Amounts repaid	Amounts written off	As at 31 December 2022
	£	£	£	£	£
Mr John Carey	70,271	517,000	(587,746)	-	(474)

The above loan is unsecured, interest free and repayable on demand.

9. General Information

Active Edge (Nutrition) Limited is a private company, limited by shares, incorporated in England & Wales, registered number 05585268 . The registered office is 5 Taplins Court, Taplins Farm Lane, Hartley Wintney, RG27 8XU.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.