

Abbreviated Unaudited Accounts

for the Year Ended 31 March 2014

for

Active Health Support Services Limited

Contents of the Abbreviated Accounts
for the Year Ended 31 March 2014

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

Active Health Support Services Limited

Company Information
for the Year Ended 31 March 2014

DIRECTORS: Mrs S N Islam
Dr M R Islam

SECRETARY: Mrs S N Islam

REGISTERED OFFICE: 40 Scholars Drive
Newland Court
Hull
East Yorkshire
HU5 2DB

REGISTERED NUMBER: 05576756 (England and Wales)

ACCOUNTANTS: Pelham
16 Dudley Street
Grimsby
N E Lincolnshire
DN31 2AB

Active Health Support Services Limited (Registered number: 05576756)

Abbreviated Balance Sheet

31 March 2014

	Notes	31.3.14 £	£	31.3.13 £	£
FIXED ASSETS					
Tangible assets	2		1,746		1,770
CURRENT ASSETS					
Debtors		25,035		24,030	
Cash at bank		<u>5,320</u>		<u>2,242</u>	
		30,355		26,272	
CREDITORS					
Amounts falling due within one year		<u>30,699</u>		<u>27,233</u>	
NET CURRENT LIABILITIES			<u>(344)</u>		<u>(961)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			1,402		809
PROVISIONS FOR LIABILITIES			<u>319</u>		<u>317</u>
NET ASSETS			<u>1,083</u>		<u>492</u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>983</u>		<u>392</u>
SHAREHOLDERS' FUNDS			<u>1,083</u>		<u>492</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2014.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2014 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 5 December 2014 and were signed on its behalf by:

Dr MR Islam - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts
for the Year Ended 31 March 2014

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% Straight line
Computer equipment	- Straight line over 3 years

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2013	3,428
Additions	907
At 31 March 2014	<u>4,335</u>
DEPRECIATION	
At 1 April 2013	1,658
Charge for year	931
At 31 March 2014	<u>2,589</u>
NET BOOK VALUE	
At 31 March 2014	<u>1,746</u>
At 31 March 2013	<u>1,770</u>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.3.14 £	31.3.13 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

4. RELATED PARTY DISCLOSURES

The Company is controlled by the Directors who own the entire Share Capital.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.