



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



X2K10QGH

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*Company Name:* **Active Health Support Services Limited**

*Company Number:* **05576756**

*Date of this return:* **28/09/2013**

*SIC codes:* **86210**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **40 SCHOLARS DRIVE  
NEWLAND COURT  
HULL  
EAST YORKSHIRE  
UNITED KINGDOM  
HU5 2DB**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MRS SHAMSUN NAHAR**

*Surname:* **ISLAM**

*Former names:*

*Service Address:* **40 SCHOLARS DRIVE  
NEWLAND COURT  
HULL  
EAST YORKSHIRE  
UNITED KINGDOM  
HU5 2DB**

*Company Director*    ***I***

*Type:*                      **Person**

*Full forename(s):*        **DR MOHAMMAD RAFIQUL**

*Surname:*                **ISLAM**

*Former names:*

*Service Address:*        **40 SCHOLARS DRIVE  
NEWLAND COURT  
HULL  
EAST YORKSHIRE  
UNITED KINGDOM  
HU5 2DB**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **12/06/1966**

*Nationality:*    **BRITISH**

*Occupation:*    **DOCTOR**

*Company Director*    **2**

*Type:*                                **Person**

*Full forename(s):*                **MRS SHAMSUN NAHAR**

*Surname:*                            **ISLAM**

*Former names:*

*Service Address:*                **40 SCHOLARS DRIVE  
NEWLAND COURT  
HULL  
EAST YORKSHIRE  
UNITED KINGDOM  
HU5 2DB**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **01/01/1969**

*Nationality:*    **BRITISH**

*Occupation:*    **HOUSEWIFE**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

ALL RIGHTS ATTACHED, FULL VOTING, FULL EQUITY, ALL DIVIDEND RIGHTS.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 28/09/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **51 ORDINARY shares held as at the date of this return**  
*Name:* **MOHAMMAD RAFIQUUL ISLAM**

*Shareholding 2* : **49 ORDINARY shares held as at the date of this return**  
*Name:* **SHAMSUN NAHAR ISLAM**

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.