



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **28/09/2011**

**XVL4JXXU**

*Company Name:* **Active Health Support Services Limited**

*Company Number:* **05576756**

*Date of this return:* **28/09/2011**

*SIC codes:* **8512**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **40 SCHOLARS DRIVE  
NEWLAND COURT  
HULL  
EAST YORKSHIRE  
UNITED KINGDOM  
HU5 2DB**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MRS SHAMSUN NAHAR**

*Surname:* **ISLAM**

*Former names:*

*Service Address:* **40 SCHOLARS DRIVE  
NEWLAND COURT  
HULL  
EAST YORKSHIRE  
UNITED KINGDOM  
HU5 2DB**

---

*Company Director*    ***1***

*Type:*                                **Person**

*Full forename(s):*                **DR MOHAMMAD RAFIQUL**

*Surname:*                            **ISLAM**

*Former names:*

*Service Address:*                **40 SCHOLARS DRIVE  
NEWLAND COURT  
HULL  
EAST YORKSHIRE  
UNITED KINGDOM  
HU5 2DB**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **12/06/1966**

*Nationality:*    **BRITISH**

*Occupation:*    **DOCTOR**

*Company Director* 2

*Type:* **Person**

*Full forename(s):* **MRS SHAMSUN NAHAR**

*Surname:* **ISLAM**

*Former names:*

*Service Address:* **40 SCHOLARS DRIVE  
NEWLAND COURT  
HULL  
EAST YORKSHIRE  
UNITED KINGDOM  
HU5 2DB**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **01/01/1969**

*Nationality:* **BRITISH**

*Occupation:* **HOUSEWIFE**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

ALL RIGHTS ATTACHED, FULL VOTING, FULL EQUITY, ALL DIVIDEND RIGHTS.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 28/09/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 51 ORDINARY shares held as at 2011-09-28  
*Name:* MOHAMMAD RAFIQUUL ISLAM

*Shareholding 2* : 49 ORDINARY shares held as at 2011-09-28  
*Name:* SHAMSUN NAHAR ISLAM

### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.