

044511/30

BLUEPRINT

OneWorld

363a

Please complete in typescript,
or in bold black capitals.

CHFP010

Company Number

5509273

Company Name in full

FITNESS PREFERRED LIMITED

Date of this return

The information in this return is made up
to

Day		Month		Year		
1	5	0	7	2	0	0

Date of next return

If you wish to make your next return to a
date earlier than the anniversary of this
return please show the date here.

Companies House will then send a form at
the appropriate time.

Day		Month		Year		

Registered Office

Show here the address at the date of
this return.

58 Fleets Lane, Fleetsbridge

Any change of
registered office **must**
be notified on form
287.

Post town

Poole

County / Region

England

UK Postcode

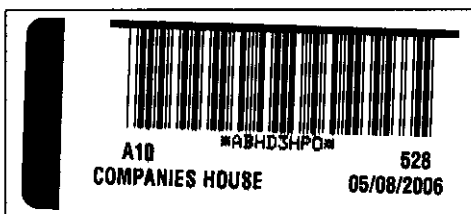
BH15 3BT

Principal business activities

Show trade classification code number(s)
for the principal activity or activities.

7415

If the code number cannot be determined,
give a brief description of principal
activity.



When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ
for companies registered in England and Wales

DX 33050 Cardiff

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh

Register of members

If the register of members is not kept at the registered office, state here where it is kept.

58 Fleets Lane, Fleetsbridge

Post town Poole

County / Region England

UK Postcode BH15 3BT

Register of Debenture holders

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state where it is kept.

Post town

County / Region

UK Postcode

Company type

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

☐☒☐☐☐☐☐

Please tick the appropriate box

Company Secretary

(Please photocopy this area to provide details of joint secretaries).

* Voluntary details.

If a partnership give the names and addresses of the partners or the name of the partnership and office address.

Name

* Style / Title

Forename(s)

Surname

Address

Post town

County / Region

Country

Details of a new company secretary must be notified on form 288a.

Susan Anne

Cadd

7 Elmstead Road, Canford Cliffs

Poole

England

UK Postcode BH13 7EZ

United Kingdom

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

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Directors*Please list directors in alphabetical order.***Details of new directors must be notified on form 288a**

Directors In the case of a director that is a corporate or a Scottish firm, the name is the corporate or firm name.

Name	* Style / Title			
	Day	Month	Year	
Date of birth	0	3	0	4
			1	9
			6	8
Forename(s)	Limor			
Surname	Feingold			
Address	23, Elms Avenue			
Post town	Poole			
County / Region	Dorset		UK Postcode	BH14 8EE
Country			Nationality	British
Business occupation	Company Director			

* Voluntary details.

Name	* Style / Title			
	Day	Month	Year	
Date of birth	0	3	0	7
			1	9
			6	9
Forename(s)	Colin Douglas			
Surname	Waggett			
Address	22 Edgar Road, Winchester			
Post town	Hampshire			
County / Region	England		UK Postcode	SO23 9TW
Country	United Kingdom		Nationality	British
Business occupation	Company Director			

Issued share capital

Enter details of all the shares in issue at the date of this return.

Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)
Ordinary	100	£100.00
Preference B	1,365,472	£1,365,472.00
Preference A	231,568,666	£231,568,665.58
Preference C	248,206	£248,206.00
Totals	233,182,444	233,182,443.58

List of past and present shareholders

(use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

There were no changes in the period

☒

on paper

in another format

A list of changes is enclosed

☐☐

A full list of shareholders is enclosed

☒☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

Ladd

Date

1 August 06

† Please delete as appropriate.

† director / secretary

When you have signed the return send it with the fee to the Registrar of Companies.

Cheques should be made payable to Companies House.

This return includes

9
(enter number)

continuation sheets.

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

58 Fleets Lane, Fleetsbridge, Poole, England, BH15

3BT, United Kingdom. Attn: Joe Ladd

Tel 01202 845900

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DX number DX exchange

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List of past and present shareholders

Schedule to form 363a

CHFP010

Company Number 5509273

Company Name in full FITNESS PREFERRED LIMITED

- > Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each year
- > You must provide a "full list" of all the company shareholders on:
 - The company's first annual return following the incorporation;
 - Every third annual return after a full list has been provided
- > List the company shareholders in alphabetical order or provide an index
- > List joint shareholders consecutively

Shareholders' details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred	Shares or amount of stock transferred (if appropriate) Date of registration of transfer
Name See attached list. Address UK postcode			
Name Address UK postcode			
Name Address UK postcode			

Continuation Page 1

FITNESS PREFERRED LIMITED

Date of this return
15/07/2007

Company Annual Return Bulk Shareholders List

Registration No
5509273

£1.00 Ordinary

Name	Address	Shares Held	Shares Transferred	Transfer Date
Fitness First Group Limited	58 Fleets Lane, Fleetsbridge, Poole, England, BH15 3BT, United Kingdom	100		
Total Ordinary		100		

FITNESS PREFERRED LIMITED

Date of this return
15/07/2007

Company Annual Return Bulk Shareholders List

Registration No
5509273

£1.00 Preference B

Name	Address	Shares Held	Shares Transferred	Transfer Date
Dave Allen	4, Bangaroo Street, North Balgowlah NSW, Australia	31,579		
Rory Blundell	3/16 Hammersley Street, Cottesloe Western Australia 6011, Australia	5,139		
Melissa Burgess	3/23 Quinton Road, Manly NSW 2095, Australia	5,312		
Peter Elliott	73, Greenbank Drive, Glenhaven NSW 2156, Australia	2,676		
Yvette Flack	Level 3 Grafton Street, 55, Bondi Junction, NSW 2022, Australia	641		
Siobhan Flattery	18, Mansfield Street, Rozelle NSW 2031, Australia	6,859		
Mark Forrest	9, Beaconview St, Balgowlah Heights NSW 2093, Australia	40,738		
Michelle Harding	Unit 12, 104, Kirribilli Avenue, Kirribilli NSW 2061, Australia	12,141		
Terry kew	37b Frenchs Road, Willoughby NSW 2068, Australia	33,889		
James McGoldrick	Morfelderlandstr 265, 60598 Frankfurt, Germany	1,196,478		
Nic Monteforte	15, Greville Street, Clovelly NSW 2031, Australia	1,516		
Dan O'Dea	32, Francis Avenue, Brighton Le Sands 2216 NSW, Australia	14,756		
Dominic Dos Remedios	3508/1 Kings Cross Road, Darlinghurst, Australia	7,429		
Christy Westrom	16/63-71 Gilderthorpe Avenue, Randwick NSW 2031, Australia	1,760		
Andrew Wyres	706/261 Harris Street, Pyremont NSW 2009, Australia	4,559		
Total Preference B		1,365,472		

FITNESS PREFERRED LIMITED

Date of this return
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Company Annual Return Bulk Shareholders List

Registration No
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£1.00 Preference A

Name	Address	Shares Held	Shares Transferred	Transfer Date
Dave Allen	4, Bangaroo Street, North Balgowlah NSW, Australia	63,589		
Elaine Arnold	54, Denton Drive, Marston Moretaine, Bedfordshire, MK 43 ONA	35,186		
Michael Balfour	11, Bury Road, Poole, BH15 7DD, United Kingdom	3,252,842		
Vikram Bhatia	2312, Oasis Tower, Sheikh zayed Road, Dubai, UAE	11,393		
Stefan Biasch	Kennedyallee 87. 60596, Frankfurt, Germany	9,590		
Crosley Black	Unit 2.02 Menara John Hancock, No 6 Jalan Gelenggang, Damansara Heights 50490 Kuala Lumpur, Malaysia	3,340		
Blue Capital Equity 1 GmbH & Co KG	PO Box 255, Trafalgar Court, Les Banques, St Peter Port, GY1 2QL, Guernsey	2,605,524		
Blue Capital Equity IV GmbH & Co KG	PO Box 255, Trafalgar Court, Les Banques, St Peter Port, GY1 2QL, Guernsey	627,352		
Rory Blundell	3/16 Hammersley Street, Cottesloe Western Australia 6011, Australia	10,348		
Peter Ashley Boddy	The Old Rectory, Church Hill Road, Cranoe, Leicestershire, England, LE16 7SN, United Kingdom	196,402		
Sander De Bruijn	Dr A.M Van de Poellaan 37, L'A Den Hoorn 2635	35,022		
Melissa Burgess	3/23 Quinton Road, Manly NSW 2095, Australia	10,697		
Luca Capelletti	Viale Scarca No 198, 20100 Milan, Italy	81,930		
Daniel Chaffey	2. Bis Boulevard, Anatole 92100, France	25,718		
Ross Chester	Appartment 1 , Compass Court, 42/44, Winn Road, Southampton, SO17 1EQ	129,555		
Anil Chugani	Kawasan Bsnis Granadha, the Plaza Semanggi UG, 1st/2nd Floor, Jl Jend, Surdiman Kav 50, Jakarta 12930, Indonesia	6,619		
CIE Management 11 Limited	PO Box 255, Trafalgar Court, Les Banques, St Peter Port, GY1 2QL, Guernsey	210,155,507		
David Cooke	6/F Tower 6, The Gateway, 9, Canton Road, Tsim Sha Tsui, Hong Kong	3,340		
Tony Cowan	flat 31, Building 47, Marlborough Road, Royal Arsenal Woolwich, London, SE18 6RU	118,489		
Dick VDV Invest NV	Torrekenstraat 3, 9829 Merelbeke, Belgium	1,569,894		
Frank Drew	26th Floor, Citibank Tower, Valero Street, Makiti, Phillipines	3,524		
Cedric Dubourdieu	PO Box 255, Trafalgar Court, Les Banques, St Peter Port, GY1 2QL, Guernsey	2,673		
Peter Elliott	73, Greenbank Drive, Glenhaven NSW 2156, Australia	5,389		

FITNESS PREFERRED LIMITED

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Mark Ellis	26th Floor, Citibank Tower, Valero Street, Makiti, Phillipines	4,016		
Limor Feingold	23, Elms Avenue, Poole, Dorset, BH14 8EE	53,137		
Yvette Flack	Level 3 Grafton Street, 55, Bondi Junction, NSW 2022, Australia	1,291		
Siobhan Flattery	18, Mansfield Street, Rozelle NSW 2031, Australia	13,812		
Simon Flint	4th Floor Landmark Plaza, 138, Sukhumvit Road, Klongtoey, Bangkok 10110, Thailand	328,847		
George Flooks	The Coach House 4 Westover Mews, 4 Port Alington Road, Bournemouth, England, BH4 8BT, United Kingdom	47,584		
Mark Forrest	9, Beaconvew St, Balgowlah Heights NSW2093, Australia	82,032		
Joachim Frost	Albertsberg 7, 65201 Wiesbaden, Germany	291,960		
Yanni Gasper	26th Floor, Citibank Tower, Valero Street, Makiti, Phillipines	1,864		
Henrik Gockel	Schuracher Str 14, CH 8700 Kusnacht, Switzerland	166,360		
Jennifer Goh	168, Robinson Road, Capital Tower 09/13, Singapore 068912	1,024		
Uwe Gorrison	Am Weingarten 14, 35415 Pohleim, Germany	124,555		
Sally Griffiths	31, Cliff Drive, Poole, BH13 7JE	71,396		
Edouard Guillet	PO Box 255, Trafalgar Court, Les Banques, St Peter Port, GY1 2QL, Guernsey	1,868		
Michel Guillet	PO Box 255, Trafalgar Court, Les Banques, St Peter Port, GY1 2QL, Guernsey	13,366		
Hayte Haakma	Chaamseweg 38, Meerle 2328, Holland	140,129		
Michelle Harding	Unit 12, 104, Kirribilli Avenue, Kirribilli NSW 2061, Australia	24,447		
Peter Harrington	32, Leaside Way, Bassett, Southampton, SO 16 3DU	31,784		
Thomas Hess	Alt Niedereschbach 68, 60437 Frankfurt, Germany	70,802		
Seah Suat Hua	168, Robinson Road, Capital Tower 09/13, Singapore 068912	2,069		
Richard Hutson	Furstenberger Str.168, Haus F, 60323 Frankfurt, Germany	115,456		
Dong Inalong	6/F Tower 6, The Gateway, 9, Canton Road, Tsim Sha Tsui, Hong Kong	2,909		
Darren Jones	57, Blake Close, Rainham, Essex, RM 13 8BE	21,435		
Tim Joynt	4th Floor, Landmark Plaza, 138 Sukhumvit Road, Klongoey, bangkok 10110, Thailand	10,225		
Jorg Kallenborn	Nalepastrasse 210, Berlin 12459, Germany	58,383		
Matt Keatley	94, Queen Katharine Road, Lymington, SO 41 9LF	14,795		
Terry kew	37b Frenchs Road, Willoughby NSW	68,241		

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	2068, Australia			
Jorg Kramer	Kennedyallee 87. 60596, Frankfurt, Germany	16,517		
Loretta Kwok	6/F Tower 6, The Gateway, 9, Canton Road, Tsim Sha Tsui, Hong Kong	1,967		
Mike Lamb	50, Persiaran ., Bruas Bukit, Kuala Lumpur 50490, Malaysia	505,188		
Tony De Leede	Flat 7, Mount Eden, 73, Gardyne Street, Bronte NSW 2024, Australia	4,330,620		
Matthew Leonard	Quoin House, Hatherton Road Shoal Hill, Cannock, Staffordshire, England, WS11 1HL, United Kingdom	77,647		
Bobby Lim	168, Robinson Road, Capital Tower 09/13, Singapore 068912	963		
Hans Dieter Lupberger	Kennedyallee 87. 60596, Frankfurt, Germany	23,648		
Lynda Brown	96a Cranbrook Road, Chiswick, London, W4 2LJ	24,775		
James McGoldrick	Morfelderlandstr 265, 60598 Frankfurt, Germany	2,409,277		
Tracey Minnoch	Unit 2.02 Menara John Hancock, No 6 Jalan Gelenggang, Damansara Heights 50490 Kuala Lumpur, Malaysia	3,114		
Martin Leslie Mitchell	5 Gable End, Syerston Hall Park, Syerston, Newark, Nottinghamshire, England, NG23 5NL, United Kingdom	192,529		
Nic Monteforte	15, Greville Street, Clovelly NSW 2031, Australia	3,053		
Miguel Arguelles Moron	Antonia Ruiz No 6, Pozuelo De Alarcon, Madrid, Spain	53,609		
Naven Naidoo	Unit 2.02 Menara John Hancock, No 6 Jalan Gelenggang, Damansara Heights 50490 Kuala Lumpur, Malaysia	16,107		
Timothy Newman	Newlands Manor House, Bournemouth Road, Charlton, Marshall, Blandford Forum, Dorset, England, DT11 9NE, United Kingdom	401,433		
Lucien Charles Nicolet	PO Box 255, Trafalgar Court, Les Banques, St Peter Port, GY1 2QL, Guernsey	3,880		
Lai Shi Noon	Unit 2.02 Menara John Hancock, No 6 Jalan Gelenggang, Damansara Heights 50490 Kuala Lumpur, Malaysia	3,524		
Dave Nuku	Unit 2.02 Menara John Hancock, No 6 Jalan Gelenggang, Damansara Heights 50490 Kuala Lumpur, Malaysia	5,205		
Dan O'Dea	32, Francis Avenue, Brighton Le Sands 2216 NSW, Australia	29,714		
Michel Parada	118 Rue D'Avon, Paris 75020, France	68,609		
Nina Passi	168, Robinson Road, Capital Tower 09/13, Singapore 068912	6,106		
Carla Pflug	August-Bebel- Str.23, Darmstadt, Germany	108,980		
Andrew Phillips	6/F Tower 6,, The Gateway, 9, Canton Road, Tsim sha Tsui, Honk Kong	118,714		
Alex Pike	Purbeck House, 6, Little Forest Road, Talbot Woods, Bournemouth, BH4 9NW	61,130		

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Thomas Poter	Gaugasse25, Wiesbaden 65203, Germany	105,087		
David Prosser	Unit 2.02 Menara John Hancock, No 6 Jalan Gelenggang, Damansara Heights 50490 Kuala Lumpur, Malaysia	223,801		
Jens Rander	Hauptstrasse 32, Rechtenbach 97848, Germany	58,383		
Dominic Dos Remedios	3508/1 Kings Cross Road, Darlinghurst, Australia	14,959		
Kent Richards	26th Floor, Citibank Tower, Valero Street, Makiti, Phillipines	43,957		
Chiara Scanvacca	Via Muratoti Ludovico No 44, Milano 20100, Italy	38,526		
Gianlucca Scazzosi	Via Mortata No 16, 21052 Busta Arsizio, Italy	50,924		
Matthias Schmitz	Durerstrasse 11, 60596 Frankfurt, Germany	233,556		
Isabel Schneider	Talstrasse 3, Hettenhausen 66919, Germany	35,022		
Martin Siebold	Kennedyallee 87. 60596, Frankfurt, Germany	486,601		
Nick Smith	43, Timber Lane, Woburn, Bedfordshire, MK 17 9PL	51,170		
Matthew Spadow	Unit 2.02 Menara John Hancock, No 6 Jalan Gelenggang, Damansara Heights 50490 Kuala Lumpur, Malaysia	38,280		
Linda Stanford	4th Floor, Landmark Plaza, 138 Sukhumvit Road, Klongoey, bangkok 10110, Thailand	4,713		
Craig Talberg	14, Little Potters, Bushey Heath, Bushey, Herts, WD 23 4QT	62,605		
Nicholas Andrew Taylor	47 Melrose Gardens, London, England, W6 7RN, United Kingdom	48,895		
Anthony Tottman	168, Robinson Road, Capital Tower 09/13, Singapore 068912	206,137		
Julian Underwood	Unit 2.02 Menara John Hancock, No 6 Jalan Gelenggang, Damansara Heights 50490 Kuala Lumpur, Malaysia	2,069		
Dick Van De Vere	Torrekenstraat 3, 9829 Merebeke, Belguim	116,786		
Colin Douglas Waggett	22 Edgar Road, Winchester, Hampshire, England, SO23 9TW, United Kingdom	276,816		
Christy Westrom	16/63-71 Gilderthorpe Avenue, Randwick NSW 2031, Australia	3,545		
Hagen Wingertzahn	Rheinhauserstrasse 35, Mannheim 68165, Germany	58,383		
Andrea Wintz	Postfach 11 56, 52526 Ubach Pahlenberg, Germany	81,745		
Jacqueline Wong	6/F Tower 6, The Gateway, 9, Canton Road, Tsim Sha Tsui, Hong Kong	1,864		
Chintana Wongwatcharadamrong	4th Floor, Landmark Plaza, 138 Sukhumvit Road, Klongoey, bangkok 10110, Thailand	1,680		
Jon Wood	16, Hinde Road, Felpham, West Sussex, PO 22 7QJ	68,425		
Andrew Wyres	706/261 Harris Street, Pyremont NSW	9,180		

FITNESS PREFERRED LIMITED

Date of this return
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Company Annual Return Bulk Shareholders List

Registration No
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	2009, Australia			
George Yiasemedes	3, Raynham Avenue, Didsbury, Manchester, M20 6BW	50,002		
Corne Van Zyl	168, Robinson Road, Capital Tower 09/13, Singapore 068912	1,536		
Total Preference A		231,568,666		

FITNESS PREFERRED LIMITED

Date of this return
15/07/2007

Company Annual Return Bulk Shareholders List

Registration No
5509273

£1.00 Preference C

Name	Address	Shares Held	Shares Transferred	Transfer Date
Fitness First Group Limited	58 Fleets Lane, Fleetsbridge, Poole, England, BH15 3BT, United Kingdom	248,206		
Total Preference C		248,206		

FITNESS PREFERRED LIMITED

Date of this return
15/07/2007

Company Annual Return Bulk Shareholders List

Registration No
5509273

£1.00 Ordinary (Cancelled)

Total Ordinary

Total Shares Held