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Registered number 05446092

Academy Of Nutritional Medicine Ltd

Report and Accounts

31 May 2010

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Academy Of Nutritional Medicine Ltd Registered number: 05446092

**Directors' Report** 

The directors present their report and accounts for the year ended 31 May 2010

## **Principal activities**

The company's principal activity during the year continued to be that of Medical Research

## **Directors**

The following persons served as directors during the year

P Avakaın

## Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

This report was approved by the board on 25 May 2011 and signed on its behalf

P Avakaın Dırector

# Academy Of Nutritional Medicine Ltd Profit and Loss Account for the year ended 31 May 2010

	Notes	2010 £	2009 £
Turnover		11,281	13,282
Administrative expenses		(11,285)	(12,144)
Operating (loss)/profit		(4)	1,138
(Loss)/profit on ordinary activities before taxation	on	(4)	1,138
Tax on (loss)/profit on ordinary activities	2	-	(239)
(Loss)/profit for the financial year			899

## Academy Of Nutritional Medicine Ltd Balance Sheet as at 31 May 2010

	Notes		2010 £		2009 £
Current assets			~		-
Stocks		2,160		960	
Debtors	3	-		3,090	
Cash at bank and in hand	-	104		242	
		2,264		4,292	
Creditors: amounts falling due					
within one year	4	(1,368)		(3,392)	
Net current assets	_		896		900
Net assets			896	_ _	900
Capital and reserves					
Called up share capital	5		1		1
Profit and loss account	6		895		899
Shareholders' funds			896	_	900

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

Members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

P Avakaın

Director

Approved by the board on 25 May 2011

## Academy Of Nutritional Medicine Ltd Notes to the Accounts for the year ended 31 May 2010

## 1 Accounting policies

#### Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

#### **Turnover**

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

#### Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery Motor vehicles 25% reducing balance 25% reducing balance

#### Stocks

Stock is valued at the lower of cost and net realisable value

#### Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

### Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account

### Leasing and hire purchase commitments

Assets held under finance leases and hire purchase contracts, which are those where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet and depreciated over their useful lives. The corresponding lease or hire purchase obligation is treated in the balance sheet as a liability

The interest element of the rental obligations is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding

Rentals paid under operating leases are charged to income on a straight line basis over the lease term

#### Pensions

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

# Academy Of Nutritional Medicine Ltd Notes to the Accounts for the year ended 31 May 2010

2	Taxation			2010 £	2009 £
	UK corporation tax		_		239
3	Debtors			2010 £	2009 £
	Trade debtors		_		3,090
4	Creditors: amounts falling due wi	2010 £	2009 £		
	Trade creditors Corporation tax Other creditors		- -	880 239 249 1,368	3,154 239 (1) 3,392
5	Share capital	Nominal value	2010 Number	2010 £	2009 £
	Allotted, called up and fully paid Ordinary shares	£1 each	100 _		1_
6	Profit and loss account			2010 £	
	At 1 June 2009 Loss for the year			899 (4)	
	At 31 May 2010		-	895	