

Registered number
05420368

Howel Food Consultancy Cyf

Filleted Accounts

31 March 2023

Howel Food Consultancy Cyf**Registered number: 05420368****Balance Sheet****as at 31 March 2023**

	2023	2022
	£	£
Fixed assets	12,110	1,800
Current assets	57,098	45,854
Creditors: amounts falling due within one year	(13,691)	(19,532)
Net current assets	43,407	26,322
Total assets less current liabilities	55,517	28,122
Net assets	55,517	28,122
 Capital and reserves	 55,517	 28,122
	Number	Number
Average number of employees	1	1

The company is a private company limited by shares and incorporated in England. Its registered office is 87 Whitchurch Road, Cardiff. CF14 3JP.

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Mrs N H Snowsill

Director

Approved by the board on 8 October 2023

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.