

Registered Number 05401495

A&J LIFESTYLES LIMITED

Abbreviated Accounts

31 March 2008

A&J LIFESTYLES LIMITED

Registered Number 05401495

Balance Sheet as at 31 March 2008

	Notes	2008 £	2007 £
Fixed assets			
Tangible	2	<u>322,304</u>	<u>233,600</u>
Total fixed assets		322,304	233,600
Current assets			
Stocks		0	4,500
Debtors		0	0
Investments		0	0
Cash at bank and in hand			0
Total current assets		<u>0</u>	<u>4,500</u>
Prepayments and accrued income (not expressed within current asset sub-total)		0	0
Creditors: amounts falling due within one year		(20,238)	(15,800)
Net current assets		(20,238)	(11,300)
Total assets less current liabilities		<u>302,066</u>	<u>222,300</u>
Creditors: amounts falling due after one year		(273,900)	(224,945)
Total net Assets (liabilities)		28,166	(2,645)
Capital and reserves			
Called up share capital		1,000	1,000
Profit and loss account		<u>27,166</u>	<u>(3,645)</u>
Shareholders funds		<u>28,166</u>	<u>(2,645)</u>

- a. For the year ending 31 March 2008 the company was entitled to exemption under section 249A(1) of the Companies Act 1985.
- b. The members have not required the company to obtain an audit in accordance with section 249B(2) of the Companies Act 1985
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 221; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. The accounts have been prepared in accordance with the special provisions in Part VII of the Companies Act 1985 relating to small companies

Approved by the board on 22 January 2009

And signed on their behalf by:

Mr J.A. Newton, Director

This document was delivered using electronic communications and authenticated in accordance with section 707B(2) of the Companies Act 1985.

Notes to the abbreviated accounts

For the year ending 31 March 2008

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Turnover

Turnover represents the invoiced amount of goods and services provided state net of Value Added Tax. Turnover also represents rental income from properties.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land and Buildings 0.00%

2 Tangible fixed assets

Cost	£
At 31 March 2007	233,600
additions	161,704
disposals	(73,000)
revaluations	
transfers	
At 31 March 2008	<u>322,304</u>
Depreciation	
At 31 March 2007	0
Charge for year	0
on disposals	
At 31 March 2008	<u>0</u>
Net Book Value	
At 31 March 2007	233,600
At 31 March 2008	<u>322,304</u>