



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **31/03/2010**

Company Name: **BODY ROCK LTD**

Company Number: **05398553**

Date of this return: **18/03/2010**

SIC codes: **5233**
8042

Company Type: **Private company limited by shares**

Situation of Registered Office: **133 BARRACK ROAD**
CHRISTCHURCH
DORSET
BH23 2AW

Officers of the company

Company Secretary **1**

Type: **Person**

Full forename(s): **KAREN ELIZABETH**

Surname: **DYKE**

Former names:

Service Address: **6 WESTERN AVENUE
REDHILL
BOURNEMOUTH
DORSET
BH10 5BN**

Company Director **1**

Type: **Person**

Full forename(s): **KAREN ELIZABETH**

Surname: **DYKE**

Former names:

Service Address: **6 WESTERN AVENUE
REDHILL
BOURNEMOUTH
DORSET
BH10 5BN**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **1967-03-27**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	NO OF SHARES = 1 VOTE, DIVIDEND ENTITLEMENT, RIGHT TO CAPITAL, NON REDEEMABLE		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/03/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

100 ORDINARY Shares held as at 18/03/2010

Name: **KAREN DYKE**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.