

Registration number 05356611

**4 Safe Health Limited**

**Abbreviated accounts**

**for the year ended 29 February 2016**

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# 4 Safe Health Limited

## Abbreviated balance sheet as at 29 February 2016

		2016		2015	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	2		1,218		848
<b>Current assets</b>					
Debtors		4,274		2,847	
Cash at bank and in hand		1,170		2,053	
		<u>5,444</u>		<u>4,900</u>	
<b>Creditors: amounts falling due within one year</b>		<u>(6,027)</u>		<u>(4,389)</u>	
<b>Net current (liabilities)/assets</b>			<u>(583)</u>		<u>511</u>
<b>Total assets less current liabilities</b>			635		1,359
<b>Provisions for liabilities</b>			<u>(244)</u>		<u>(169)</u>
<b>Net assets</b>			<u>391</u>		<u>1,190</u>
<b>Capital and reserves</b>					
Called up share capital	3		1		1
Profit and loss account			390		1,189
<b>Shareholders' funds</b>			<u>391</u>		<u>1,190</u>

The director's statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on pages 3 to 5 form an integral part of these financial statements.

#### **4 Safe Health Limited**

#### **Abbreviated balance sheet (continued)**

#### **Director's statements required by Sections 475(2) and (3) for the year ended 29 February 2016**


For the year ended 29 February 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies .

These accounts were approved by the director on 24 May 2016, and are signed on her behalf by:

  
**Kerry Edwards**  
**Director**

**Registration number 05356611**

**The notes on pages 3 to 5 form an integral part of these financial statements.**

## **4 Safe Health Limited**

### **Notes to the abbreviated financial statements for the year ended 29 February 2016**

#### **1. Accounting policies**

##### **1.1. Accounting convention**

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

##### **1.2. Turnover**

Turnover represents the total invoice value, excluding value added tax, of fees and expenses earned during the year and derives from the provision of goods falling within the company's ordinary activities.

In respect of long-term contracts and contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion.

##### **1.3. Tangible fixed assets and depreciation**

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	- 25% straight line
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## 4 Safe Health Limited

### Notes to the abbreviated financial statements for the year ended 29 February 2016

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#### 1.4. Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more, tax, with the following exceptions:

Provision is made for tax on gains arising from the revaluation (and similar fair value adjustments) of fixed assets, and gains on disposal of fixed assets that have been rolled over into replacement assets, only to the extent that, at the balance sheet date, there is a binding agreement to dispose of the assets concerned. However, no provision is made where, on the basis of all available evidence at the balance sheet date, it is more likely than not that the taxable gain will be rolled over into replacement assets and charged to tax only where the replacement assets are sold;

Provision is made for deferred tax that would arise on remittance of the retained earnings of overseas subsidiaries, associates and joint ventures only to the extent that, at the balance sheet date, dividends have been accrued as receivable;

Deferred tax assets are recognised only to the extent that the directors consider that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted.

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date.

2. Fixed assets	Tangible fixed assets £
<b>Cost</b>	
At 1 March 2015	6,118
Additions	1,204
At 29 February 2016	7,322
<b>Depreciation</b>	
At 1 March 2015	5,270
Charge for year	834
At 29 February 2016	6,104
<b>Net book values</b>	
At 29 February 2016	1,218
At 28 February 2015	848

#### 4 Safe Health Limited

#### Notes to the abbreviated financial statements for the year ended 29 February 2016

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3. Share capital	2016 £	2015 £
<b>Authorised</b>		
10,000 Ordinary shares of £1 each	<u>10,000</u>	<u>10,000</u>
<b>Allotted, called up and fully paid</b>		
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>
<b>Equity Shares</b>		
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>