

Please complete in typescript, or in bold black capitals.

Annual Return

CHFP000

Company number

5353874

Company name in full

ABLE REMOVALS LIMITED

Date of this return

The information in this return is made up to

Day Month Year

0 5 / 0 2 / 2 0 0 9

Date of next return

If you wish to make your next return to a date earlier than the anniversary of this return please show that date here. Companies House will then send a form at the appropriate time.

Day Month Year

/ / / / /

Registered Office

Show here the address at the date of this return

VICTORIA HOUSE

199 SOUTH STREET

Any change of registered office must be notified on form 287

Post town

ROMFORD

County/Region

ESSEX

UK Postcode

R M 1 1 1 Q A

Principal business activities

Show trade classification code number(s) for the principal activity or activities

6021

7487

If the code number cannot be determined, give a brief description of principal activity

OTHER SCHED. PASSENGER

OTHER BUSINESS

LAND TRANSPORT

ACTIVITIES

SATURDAY



A43

ABPUC8J7

28/03/2009

COMPANIES HOUSE

282

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

for companies registered in England or Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

For companies registered in Scotland

DX 33050 Cardiff

DX ED235 Edinburgh 1

or LP-4 Edinburgh 2

Register of members

If the register of members is not kept at the registered office, state here where it is kept

AT REGISTERED OFFICE

Post town

County/Region

UK Postcode

Register of Debenture holders

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state here where it is kept

N/A.

Post town

County/Region

UK Postcode

Company type

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

<input type="checkbox"/>
<input checked="" type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

Please tick the appropriate box

Company Secretary

Details of a new company secretary must be notified on form 288a

* Voluntary details
(Please photocopy this area to provide details of joint secretaries).

Name

*Style/Title

MR

Forename(s)

PAUL

Surname

ANTONIADES

Address ††

3 BROCKTON CLOSE

Post town

ROMFORD

County/Region

Essex

UK Postcode

R M 11 L 14 LE 10

Country

ENGLAND

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

If a partnership, give the names and addresses of the partners or the name of the partnership and office address

Directors

Please list the directors in alphabetical order

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Details of new directors must be notified on form 288a

Name *Style/Title

Mr

Day

Month

Year

Date of birth 1 13 10 13 11 19 16 15

Forename(s) PAUL

Surname ANTON ADAS

Address ☐ 3 BROCKTON CLOSE

Post town ROMFORD

County/Region Essex

UK Postcode RM11 4E10

Country ENGLAND

Nationality BRITISH

Business occupation FINANCIAL CONSULTANT

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* Voluntary details

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Details of new directors must be notified on form 288a

Name *Style/Title

Mr

Day

Month

Year

Date of birth 2 15 10 13 11 19 15 14

Forename(s) DAVID GEORGE

Surname BARR

Address ☐ 75 LAKE RISE

Post town ROMFORD

County/Region Essex

UK Postcode RM11 4E1F

Country ENGLAND

Nationality BRITISH

Business occupation FINANCIAL CONSULTANT

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Issue share capital

Enter details of all the shares in issue at the date of this return

Class (e.g. Ordinary/Preference)

Number of shares issued

Aggregate Nominal Value

(i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)

ORDINARY	6	£6.00
Totals	6	£6.00

Traded public companies

A traded public company means a company any of whose shares are shares admitted to trading on a regulated market

Please tick this box if your company was a traded public company at any time during the period of this return

☐
List of past and present shareholders

(use attached schedule where appropriate)

Please tick the appropriate box below:

On paper

In another format

Private or non-traded public companies are required to provide a "full list" if one was not included with either of the last two returns.

A full list of shareholders for a private or non-traded public company is enclosed. **Please complete Schedule A.**

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☐

Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns.

A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. **Please complete Schedule B.**

☐
☐

A list containing shareholder changes is enclosed

☒
☐

→ For private or non-traded public companies, **please complete Schedule A**

→ For traded public companies, **please complete Schedule B**

There were no shareholder changes in this period

☒
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief

Signed

M. Evers

Date

26/3/2009.

* Please delete as appropriate

When you have signed the return, send it with the fee to the Registrar of Companies. Make cheques payable to Companies House.

*(director / ~~secretary~~)

This return includes

8

continuation sheets

(enter number)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

DX number

DX exchange

Register of members

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Post town

County/Region

UK Postcode

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Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

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Private unlimited company with share capital

Private unlimited company without share capital

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<input type="checkbox"/>

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(Please photocopy this area to provide details of joint secretaries).

Name

*Style/Title

MR

Forename(s)

DAVID GEORGE

Surname

BARR

Address ††

75 LAKE RISE

ROMFORD

Post town

County/Region

Essex

UK Postcode

RM11 4LF

Country

ENGLAND

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Surname

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UK Postcode

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*Style/Title

Forename(s)

Surname

Address ††

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Post town

County/Region

UK Postcode

Country

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Directors

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name *Style/Title

Mrs

Day

Month

Year

Date of birth 02/09/1959

Forename(s) TERESA

Surname BARR

Address ☐ 75 LAKE LANE

Post town ROMFORD

County/Region Essex

UK Postcode RM11 4EF

Country ENGLAND

Nationality BRITISH

Business occupation ADMINISTRATOR.

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Directors

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name *Style/Title

Ms

Day

Month

Year

Date of birth 24/11/1965

Forename(s) ALLISON

Surname CAUSER

Address ☐ 3 BROCKTON CLOSE

ROMFORD

Post town

County/Region Essex

UK Postcode RM11 4EQ

Country ENGLAND

Nationality BRITISH

Business occupation ADMINISTRATOR

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Directors

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Details of new directors must be notified on form 288a

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name *Style/Title MD

Day Month Year
Date of birth 26 10 1957

Forename(s) DEBORAH ANN

Surname EVES

Address ☐ 9 BARLEYCORN WAY
EMMERSON PARK

Post town

County/Region Essex

UK Postcode RH11 13JJ

Country ENGLAND

Nationality BRITISH

Business occupation ADMINISTRATOR

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Directors

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Details of new directors must be notified on form 288a

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name *Style/Title Mr

Day Month Year
Date of birth 04 10 1959

Forename(s) MICHAEL ALAN

Surname EVES

Address ☐ 9 BARLEYCORN WAY

Post town EMMERSON PARK

County/Region Essex

UK Postcode RH11 13JJ

Country ENGLAND

Nationality BRITISH

Business occupation FINANCIAL CONSULTANT

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This must only be completed by
private and public limited
companies that have not traded on
a regulated market

Schedule A

for private or non-traded public companies

List of past and present shareholders

(Please use a continuation sheet if required)

Company number 5353874

Company name in full ABLE REMOVALS LIMITED

- > Changes to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year
- > You must provide a "full list" of all company shareholders on:
 - The company's first annual return following incorporation
 - Every third annual return after a full list has been provided
- > List the company shareholders in alphabetical order or provide an index
- > List joint shareholders consecutively

Do not give shareholder address information

Shareholder's name only	Class and number of shares or amount of stock held	Shares or amount of stock transferred (if appropriate)	
		Class and number of shares or amount of stock transferred	Date of registration of transfer
Name <u>PAUL ANTONIADES</u>	ORDINARY 1		
Name <u>DAVID GEORGE BAER</u>	ORDINARY 1		
Name <u>TERESA BAER</u>	ORDINARY 1		
Name <u>ALLYSON CAUSER</u>	ORDINARY 1		
Name <u>DEBORAH ANN EVANS</u>	ORDINARY 1		
Name <u>MICHAEL ALAN EVANS</u>	ORDINARY 1		
Name _____			
Name _____			
Name _____			