

Registered Number 05341163

INSIDEOUT SOLUTIONS DEVELOPMENTS LTD

Abbreviated Accounts

31 January 2010

INSIDEOUT SOLUTIONS DEVELOPMENTS LTD
Registered Number 05341163
Balance Sheet as at 31 January 2010

	Notes	2010 £	2009 £
Current assets			
Stocks		610,538	610,538
Debtors		5,930	6,763
Cash at bank and in hand		1,663	5,358
Total current assets		<u>618,131</u>	<u>622,659</u>
 Net current assets		 618,131	 622,659
Total assets less current liabilities		<u>618,131</u>	<u>622,659</u>
 Creditors: amounts falling due after one year		 (792,997)	 (799,732)
Total net Assets (liabilities)		(174,866)	(177,073)
Capital and reserves			
Called up share capital	2	100	100
Profit and loss account		<u>(174,966)</u>	<u>(177,173)</u>
Shareholders funds		<u>(174,866)</u>	<u>(177,073)</u>

- a. For the year ending 31 January 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 26 October 2010

And signed on their behalf by:

Mark Waller, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 January
2010

1 Accounting policies

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover comprises revenue recognised by the company in respect of goods and services supplied, exclusive of Value Added Tax and trade discounts.

2 Share capital

	2010	2009
	£	£
Authorised share capital:		
100 Ordinary of £1.00 each	100	100
Allotted, called up and fully paid:		
100 Ordinary of £1.00 each	100	100