# INSIDEOUT SOLUTIONS DEVELOPMENTS LTD

### **UNAUDITED**

## **ABBREVIATED ACCOUNTS**

FOR THE YEAR ENDED 31 JANUARY 2009

06/02/2010 COMPANIES HOUSE

\*LST8SH2P\* 29/01/2010

COMPANIES HOUSE

294

#### INSIDEOUT SOLUTIONS DEVELOPMENTS LTD

#### ABBREVIATED BALANCE SHEET AS AT 31 JANUARY 2009

ote f			2008 £ £	
ote L		~	~	
610,	538	526,557		
6,	763	<b>5</b> , <b>9</b> 30		
5,	358			
622,	659	532,487		
(799,	732)	(685,515)		
<del></del>		3)	(153,028)	
	(177,073	- 3) -	(153,028)	
2	100	)	100	
	(177,173	3)	(153,128)	
	(177,073	- 3)	(153,028)	
	6, 5, 622, (799,	610,538 6,763 5,358 622,659 (799,732) (177,073 (177,073	610,538 526,557   6,763 5,930   5,358 -   622,659 532,487   (799,732) (685,515)   (177,073) (177,073)	

The Directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 249A(1) of the Companies Act 1985 and members have not required the company to obtain an audit of its accounts for the Year in question in accordance with section 249B(2) of the Act. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 January 2009 and of its loss for the Year then ended in accordance with the requirements of section 226 of the Act and which otherwise comply with the requirements of the Companies Act 1985 relating to the financial statements so far as applicable to the company

The abbreviated accounts, which have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 applicable to small companies, were approved and authorised for issue by the board and were signed on its behalf on 29 January 2010

Mark Waller Director

Malles

The notes on page 2 form part of these financial statements

#### INSIDEOUT SOLUTIONS DEVELOPMENTS LTD

#### NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 JANUARY 2009

#### 1 ACCOUNTING POLICIES

#### 1 1 Basis of preparation of financial statements

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007)

#### 12 Turnover

Turnover comprises revenue recognised by the company in respect of goods and services supplied, exclusive of Value Added Tax and trade discounts

#### 13 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

#### 2 SHARE CAPITAL

2009 £	2008 £
100	100
	£

#### 3 RELATED PARTY TRANSACTIONS

All the transactions with related party has been disclosed in the accounts