



Companies House

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: 19/11/2014

Company Name: AIM FITNESS SOLUTIONS LTD

Company Number: 05321002

Date of this return: 19/11/2014

SIC codes: 93130

Company Type: Private company limited by shares

Situation of Registered Office:
5 HORKESELEY ROAD
BOXTED
COLCHESTER
ENGLAND
CO4 5HS

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

**5 HORKESELEY ROAD
BOXTED
COLCHESTER
ENGLAND
CO4 5HS**

The following records have moved to the single alternative inspection location:

Register of members (section 114)
Register of directors (section 162)
Directors' service contracts (section 228)
Directors' indemnities (section 237)
Register of secretaries (section 275)
Records of resolutions and meetings (section 358)
Register of debenture holders (section 743)
Contracts relating to purchase of own shares (section 702)
Documents relating to redemption or purchase of own shares out of capital by private company (section 720)

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR DAVID JOHN**

Surname: **LAPPAGE**

Former names:

Service Address recorded as Company's registered office

Company Director 1

Type: **Person**
Full forename(s): **MR DAVID JOHN**

Surname: **LAPPAGE**

Former names:

Service Address: **5 HORKESELEY ROAD
BOXTED
COLCHESTER
ENGLAND
CO4 5HS**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **13/08/1951** *Nationality:* **BRITISH**
Occupation: **BUSINESS ADVISOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

FULLY PAID UP SHARES REGISTERED IN THE NAME OF SHAREHOLDER

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 19/11/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **2 ORDINARY shares held as at the date of this return**
Name: **DAVID J LAPPAGE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.