



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **05/12/2013**

**X2MJWF48**

*Company Name:* **AIM FITNESS SOLUTIONS LTD**

*Company Number:* **05321002**

*Date of this return:* **01/12/2013**

*SIC codes:* **93130**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **38 TUMULUS WAY  
COLCHESTER  
CO2 9SD**

## Single Alternative Inspection Location (SAIL)

*The address for an alternative location to the company's registered office for the inspection of registers is:*

**38 TUMULUS WAY  
COLCHESTER  
ESSEX  
ENGLAND  
CO2 9SD**

*There are no records kept at the above address*

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### Officers of the company

#### *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MR DAVID JOHN**

*Surname:* **LAPPAGE**

*Former names:*

*Service Address:* **38 TUMULUS WAY  
COLCHESTER  
ESSEX  
CO2 9SD**

*Company Director*    **1**

*Type:*                      **Person**

*Full forename(s):*        **MR DAVID JOHN**

*Surname:*                **LAPPAGE**

*Former names:*

*Service Address:*        **38 TUMULUS WAY  
COLCHESTER  
ESSEX  
CO2 9SD**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **13/08/1951**                      *Nationality:*    **BRITISH**

*Occupation:*    **BUSINESS ADVISOR**

*Company Director*    **2**

*Type:*                      **Person**

*Full forename(s):*        **MR JAMIE PETER**

*Surname:*                **LAPPAGE**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:*   **ENGLAND**

*Date of Birth:*   **20/05/1981**                      *Nationality:*   **BRITISH**

*Occupation:*     **BUSINESS OWNER/MANAGER**

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## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>2</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>

*Prescribed particulars*

**FULLY PAID UP SHARES REGISTERED IN THE NAME OF SHAREHOLDER**

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>2</b>
		<i>Total aggregate nominal value</i>	<b>2</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 01/12/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **2 ORDINARY shares held as at the date of this return**  
*Name:* **DAVID J LAPPAGE**

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.