



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **AIM FITNESS SOLUTIONS LTD**

Company Number: **05321002**

Date of this return: **01/12/2011**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **38 TUMULUS WAY
COLCHESTER
CO2 9SD**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

**38 TUMULUS WAY
COLCHESTER
ESSEX
ENGLAND
CO2 9SD**

There are no records kept at the above address

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR DAVID JOHN**

Surname: **LAPPAGE**

Former names:

Service Address: **38 TUMULUS WAY
COLCHESTER
ESSEX
CO2 9SD**

Company Director ***1***

Type: **Person**

Full forename(s): **MR DAVID JOHN**

Surname: **LAPPAGE**

Former names:

Service Address: **38 TUMULUS WAY
COLCHESTER
ESSEX
CO2 9SD**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **13/08/1951** *Nationality:* **BRITISH**

Occupation: **BUSINESS ADVISOR**

Company Director **2**

Type: **Person**

Full forename(s): **MR JAMIE PETER**

Surname: **LAPPAGE**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **20/05/1981** *Nationality:* **BRITISH**

Occupation: **BUSINESS OWNER/MANAGER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

FULLY PAID UP SHARES REGISTERED IN THE NAME OF SHAREHOLDER

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 01/12/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **2 ORDINARY shares held as at the date of this return**
Name: **DAVID J LAPPAGE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.