Registered Number 05313276

A & F OPTICAL LIMITED

Abbreviated Accounts

31 May 2010

Balance Sheet as at 31 May 2010

Pixed assets		Notes	2010		2009	
Intangible 2 225,000 240,000 Tangible 3 86,654 90,155 Total fixed assets 311,654 330,155 Current assets Stocks 13,340 12,450 Debtors 36,227 27,417 Cash at bank and in hand 100,094 97,095 Total current assets 149,661 136,962 Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Capital and reserves 200 200	Fixed access		£	£	£	£
Tangible 3 86,654 90,155 Total fixed assets 311,654 330,155 Current assets Stocks 13,340 12,450 Debtors 36,227 27,417 Cash at bank and in hand 100,094 97,095 Total current assets 149,661 136,962 Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Capital and reserves 200 200		2		225 000		240.000
Current assets 311,654 330,155 Current assets 13,340 12,450 Stocks 13,340 12,450 Debtors 36,227 27,417 Cash at bank and in hand 100,094 97,095 Total current assets 149,661 136,962 Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Called up share capital 200 200						
Current assets Stocks 13,340 12,450 Debtors 36,227 27,417 Cash at bank and in hand 100,094 97,095 Total current assets 149,661 136,962 Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Called up share capital 200 200		3				
Stocks 13,340 12,450 Debtors 36,227 27,417 Cash at bank and in hand 100,094 97,095 Total current assets 149,661 136,962 Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Called up share capital 200 200	Total fixed deserts			011,001		000, 100
Debtors 36,227 27,417 Cash at bank and in hand 100,094 97,095 Total current assets 149,661 136,962 Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Called up share capital 200 200	Current assets					
Cash at bank and in hand 100,094 97,095 Total current assets 149,661 136,962 Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves 200 200	Stocks		13,340		12,450	
Total current assets 149,661 136,962 Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Called up share capital 200 200	Debtors		36,227		27,417	
Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Called up share capital 200 200	Cash at bank and in hand		100,094		97,095	
Creditors: amounts falling due within one year (75,024) (121,161) Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Capital and reserves Called up share capital 200 200						
Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Total net Assets (liabilities) 386,291 345,956 Capital and reserves Called up share capital 200 200	Total current assets		149,661		136,962	
Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Total net Assets (liabilities) 386,291 345,956 Capital and reserves Called up share capital 200 200						
Net current assets 74,637 15,801 Total assets less current liabilities 386,291 345,956 Total net Assets (liabilities) 386,291 345,956 Capital and reserves Called up share capital 200 200	Cuaditara amaunta falling dua within ana yaar		(75.004)		(404.464)	
Total assets less current liabilities 386,291 345,956 Total net Assets (liabilities) 386,291 345,956 Capital and reserves Called up share capital 200 200	Creditors, amounts family due within one year		(75,024)		(121,101)	
Total assets less current liabilities 386,291 345,956 Total net Assets (liabilities) 386,291 345,956 Capital and reserves Called up share capital 200 200						
Total net Assets (liabilities) Capital and reserves Called up share capital 200 200	Net current assets			74,637		15,801
Total net Assets (liabilities) Capital and reserves Called up share capital 200 200						
Capital and reserves Called up share capital 200 200	Total assets less current liabilities			386,291		345,956
Capital and reserves Called up share capital 200 200						
Capital and reserves Called up share capital 200 200						
Capital and reserves Called up share capital 200 200						
Capital and reserves Called up share capital 200 200						
Capital and reserves Called up share capital 200 200	Total not Acceta (lighilities)			206 201		245.056
Called up share capital 200 200	Total Het Assets (Habilities)			300,291		340,900
Called up share capital 200 200	Capital and reserves					
•				200		200
	Profit and loss account			386,091		345,756
Shareholders funds 386,291 345,956						

- a. For the year ending 31 May 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 25 February 2011

And signed on their behalf by: F Mohammed, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 May 2010

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective January 2005

Turnover

Turnover represents the value, net of value added tax and discounts, of goods and services provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery 15.00% Reducing Balance

2 Intangible fixed assets

Cost Or Valuation	£
At 31 May 2009	300,000
At 31 May 2010	300,000
Depreciation	
At 31 May 2009	60,000
Charge for year	15,000
At 31 May 2010	75,000
Net Book Value	
At 31 May 2009	240,000
At 31 May 2010	225,000

Goodwill is being written off in equal annual installments over its estimated economic life of 30 years

3 Tangible fixed assets

Cost	£
At 31 May 2009	134,750
additions	11,791
disposals	
revaluations	
transfers	
At 31 May 2010	146,541
Depreciation	
At 31 May 2009	44,595

Charge for year	15,292
on disposals	
At 31 May 2010	59,887
Net Book Value	
At 31 May 2009	90,155
At 31 May 2010	86,654