

Registered number
05295574

Sitting Spiritually Limited

Filleted Accounts

31 March 2020

Sitting Spiritually Limited**Registered number:** 05295574**Balance Sheet****as at 31 March 2020**

| | Notes | 2020 £ | 2019 £ |
|---|-------|----------------|----------------|
| Fixed assets | | | |
| Tangible assets | 4 | 1,376 | 1,162 |
| Current assets | | | |
| Stocks | | 105,624 | 105,624 |
| Debtors | 5 | 34,431 | 50,968 |
| Cash at bank and in hand | | 49,880 | 26,000 |
| | | <u>189,935</u> | <u>182,592</u> |
| Creditors: amounts falling due within one year | 6 | (44,725) | (41,857) |
| Net current assets | | <u>145,210</u> | <u>140,735</u> |
| Total assets less current liabilities | | <u>146,586</u> | <u>141,897</u> |
| Provisions for liabilities | | (261) | (221) |
| Net assets | | <u>146,325</u> | <u>141,676</u> |
| Capital and reserves | | | |
| Called up share capital | | 10 | 10 |
| Profit and loss account | | 146,315 | 141,666 |
| Shareholders' funds | | <u>146,325</u> | <u>141,676</u> |

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

M Young

Director

Approved by the board on 21 September 2020

Sitting Spiritually Limited
Notes to the Accounts
for the year ended 31 March 2020

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

| | |
|---------------------|----------------------|
| Plant and machinery | 15% reducing balance |
| Computer equipment | 33% reducing balance |
| Motor vehicles | 25% reducing balance |

Stocks

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

2 Employees

| 2020 | 2019 |
|--------|--------|
| Number | Number |

| | | |
|---|---|---|
| Average number of persons employed by the company | 0 | 0 |
|---|---|---|

3 Intangible fixed assets

£

Goodwill:

Cost

| | |
|------------------|--------|
| At 1 April 2019 | 23,700 |
| At 31 March 2020 | 23,700 |

Amortisation

| | |
|------------------|--------|
| At 1 April 2019 | 23,700 |
| At 31 March 2020 | 23,700 |

Net book value

| | |
|------------------|---|
| At 31 March 2020 | - |
|------------------|---|

Goodwill has been written off in equal annual instalments over its estimated economic life of 5 years.

4 Tangible fixed assets

| | Plant and machinery etc | Motor vehicles | Total |
|-----------------------|-------------------------------|-------------------|--------|
| | £ | £ | £ |
| Cost | | | |
| At 1 April 2019 | 2,748 | 13,965 | 16,713 |
| Additions | 613 | - | 613 |
| At 31 March 2020 | 3,361 | 13,965 | 17,326 |
| Depreciation | | | |
| At 1 April 2019 | 2,254 | 13,297 | 15,551 |
| Charge for the year | 232 | 167 | 399 |
| At 31 March 2020 | 2,486 | 13,464 | 15,950 |
| Net book value | | | |
| At 31 March 2020 | 875 | 501 | 1,376 |
| At 31 March 2019 | 494 | 668 | 1,162 |

5 Debtors

2020

2019

£

£

| | | |
|---------------|--------|--------|
| Trade debtors | 34,431 | 50,968 |
|---------------|--------|--------|

6 Creditors: amounts falling due within one year

2020

2019

£

£

| | | |
|------------------------------------|---------------|---------------|
| Trade creditors | 19,684 | 21,713 |
| Taxation and social security costs | 10,583 | 17,643 |
| Other creditors | 14,458 | 2,501 |
| | <u>44,725</u> | <u>41,857</u> |

7 Controlling party

The company is controlled by the director.

8 Other information

Sitting Spiritually Limited is a private company limited by shares and incorporated in England.
Its registered office is:

The Loft

Unit 11, Hunthay Business Park

Axminster

Devon

EX13 5RJ

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.