



Companies House
— for the record —

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **21/12/2009**

Company Name: **SITTING SPIRITUALLY LIMITED**

Company Number: **05295574**

Date of this return: **24/11/2009**

SIC codes: **2010**

Company Type: **Private company limited by shares**

Situation of Registered Office: **HIGHDOWN
LIME KILN LANE UPLYME
LYME REGIS
DORSET
DT7 3XG**

Officers of the company

Company Secretary **I**

Type: **Person**

Full forename(s): **CELIA ELIZABETH**

Surname: **YOUNG**

Former names:

Service Address: **BRAMBLE HAYES
YAWL HILL LANE
LYME REGIS
DORSET
DT7 3RP**

Company Director **1**

Type: **Person**

Full forename(s): **MARTIN JOHN**

Surname: **YOUNG**

Former names:

Service Address: **BRAMBLE HAYES
YAWL HILL LANE
UPLYME
DORSET
DT7 3RP**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **17/02/1948** *Nationality:* **BRITISH**

Occupation: **ACCOUNT MANAGER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
	GBP	<i>Aggregate nominal value</i>	1
<i>Currency</i>		<i>Amount paid</i>	1
		<i>Amount unpaid</i>	0
<i>Prescribed particulars</i>	VOTING, DIVIDENDS, CAPITALS		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 24/11/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1:

1 ORDINARY Shares held as at 24/11/2009

Name: **MARTIN YOUNG**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.