



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **01/01/2011**

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*Company Name:* **STAYING ALIVE (UK) LTD**

*Company Number:* **05284556**

*Date of this return:* **11/11/2010**

*SIC codes:* **9304**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **45 THE RIDGEWAY  
STOURPORT  
WORCESTERSHIRE  
DY13 8XT**

**Officers of the company**

*Company Director*    **1**

*Type:*                                **Person**  
*Full forename(s):*                **MICHAEL ANTHONY EDWARD**

*Surname:*                         **DE GROOT**

*Former names:*

*Service Address:*                **29 WORTH CRESCENT  
STOURPORT-ON-SEVERN  
WORCESTERSHIRE  
UNITED KINGDOM  
DY13 8RR**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **15/09/1959**                                *Nationality:*    **DUTCH**  
*Occupation:*    **PRIVATE HEALTH COACH**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>1</b>
		<i>Aggregate nominal value</i>	<b>1</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>

*Prescribed particulars*

**ORDINARY SHARES HAVE EQUAL VOTING RIGHTS AND EQUAL RIGHTS TO DIVIDENDS AND DISTRIBUTIONS**

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1</b>
		<i>Total aggregate nominal value</i>	<b>1</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 11/11/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : **1 ORDINARY shares held as at 2010-11-11**  
*Name:* **MICHAEL ANTHONY EDWARD DE GROOT**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.