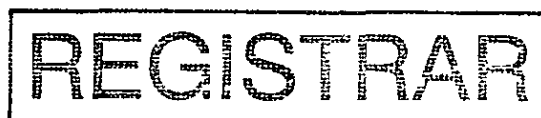
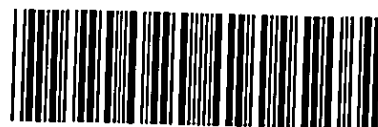


COMPANY REGISTRATION NUMBER 05215022



S & F HOLDINGS LIMITED
UNAUDITED ABBREVIATED ACCOUNTS
30th SEPTEMBER 2009

WEDNESDAY



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A28

17/02/2010

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COMPANIES HOUSE

WILDS LIMITED
Chartered Accountants
Lancaster House
70-76 Blackburn Street
Radcliffe
Manchester
M26 2JW



S & F HOLDINGS LIMITED

ABBREVIATED ACCOUNTS

YEAR ENDED 30th SEPTEMBER 2009

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S & F HOLDINGS LIMITED

ABBREVIATED BALANCE SHEET

30th SEPTEMBER 2009

	Note	2009 £	2008 £
FIXED ASSETS			
Investments	2	400,000	400,000
CREDITORS. Amounts falling due within one year		<u>355,800</u>	<u>355,100</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>44,200</u>	<u>44,900</u>
CAPITAL AND RESERVES			
Called-up equity share capital	3	100	100
Profit and loss account		<u>44,100</u>	<u>44,800</u>
SHAREHOLDERS' FUNDS		<u>44,200</u>	<u>44,900</u>

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act

The directors acknowledge their responsibilities for

- (i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

These abbreviated accounts were approved by the directors and authorised for issue on 18th January 2010, and are signed on their behalf by



MR A M STANLEY
Director

Company Registration Number 05215022

The notes on pages 2 to 3 form part of these abbreviated accounts

S & F HOLDINGS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30th SEPTEMBER 2009

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Consolidation

In the opinion of the directors, the company and its subsidiary undertakings comprise a small group. The company has therefore taken advantage of the exemption provided by Section 398 of the Companies Act 2006 not to prepare group accounts.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

2. FIXED ASSETS

		Investments
		£
COST		
At 1st October 2008 and 30th September 2009		<u>400,000</u>
NET BOOK VALUE		
At 30th September 2009		<u>400,000</u>
At 30th September 2008		<u>400,000</u>
The company owns 100% of the issued share capital of the company listed below		
	2009	2008
	£	£
Aggregate capital and reserves		
SF Car Repair Company Limited	<u>386,444</u>	<u>378,537</u>
Profit and (loss) for the year		
SF Car Repair Company Limited	<u>59,907</u>	<u>23,253</u>

Under the provision of section 398 of the Companies Act 2006 the company is exempt from preparing consolidated accounts and has not done so, therefore the accounts show information about the company as an individual entity.

S & F HOLDINGS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30th SEPTEMBER 2009

3 SHARE CAPITAL

Allotted, called up and fully paid.

	2009		2008	
	No	£	No	£
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>

4. ULIMATE CONTROLLING PARTY

The company was under the control of the directors throughout the current and previous year