

Company Registration Number 05204321

HAWTHORNS HEALTH LTD
UNAUDITED FINANCIAL STATEMENTS
31st JANUARY 2016

John Crick & Co
2 Ludwells Orchard
Paulton
Bristol BS39 7XW

WEDNESDAY



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COMPANIES HOUSE

HAWTHORNS HEALTH LTD

THE DIRECTORS REPORT

YEAR ENDED 31 JANUARY 2016

The directors have pleasure in presenting his report and the unaudited financial statements of the company for the year ended 31 January 2016

PRINCIPAL ACTIVITIES

The principal activity of the company during the year continued to be health and fitness consulting

DIRECTORS

The directors who served the company during the year were as follows:

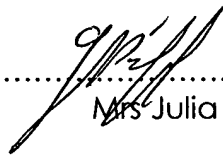
Mr Christopher Ian Piff And Mrs Julia Mary Piff

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

Registered Office:
The Hawthorns
Rueff Lane
Farrington Gurney
Bristol
BS39 6UP

Approved and signed by the director on (date)16/8/16.....

Signed by

Mrs Julia Mary Piff Director

HAWTHORNS HEALTH LTD

**Accountants Report to the Director on the Unaudited Financial Statements
of Hawthorns Health Ltd**

Year Ended 31 January 2016

In accordance with our terms of engagement, and in order to assist you to fulfill your duties under the Companies Act 2006, we have compiled the financial statements of the company which comprise the Profit and Loss Account, Balance Sheet and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Company's Director, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Company's Director that we have done so, and state that those matters that we have agreed to state to him in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Director, for our work or this report.

You have acknowledged on the balance sheet as at 31 January 2016 your duty to ensure that the company has kept adequate accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements

John Crick & Co. Accountants
2 Ludwells Orchard
Paulton
Bristol BS39 7XW

HAWTHORNS HEALTH LTD
PROFIT AND LOSS ACCOUNT
YEAR ENDED 31 JANUARY 2016

	Note	2016 £	2015 £
TURNOVER		12727	14396
Administrative expenses		12737	11115
Other operating income	2	-	-
OPERATING PROFIT(LOSS)	3	(10)	3281
Interest receivable		-	-
PROFIT/ LOSS ON ORDINARY ACTIVITIES BEFORE TAXATION		(10)	3281
 Profit / Loss brought forward		 <u>1756</u>	 <u>(1525)</u>
<u>Net Profit/Loss</u>		(10)	3281
Equity Dividends Paid	5	<u>881</u>	<u>0</u>
 PROFIT (LOSS) FOR FINANCIAL YEAR		 <u>865</u>	 <u>1756</u>

HAWTHORNS HEALTH LTD
BALANCE SHEET AS AT 31 JANUARY 2016

	Note	2016	2015
FIXED ASSETS			
CURRENT ASSETS			
Stock		2198	2313
Debtors			
Cash at bank		<u>1426</u>	<u>1075</u>
		3624	3388
CREDITORS: Amounts falling due within one year	9	-	-
DIRECTORS LOANS		<u>-</u>	<u>-</u>
NET CURRENT ASSETS		<u>3624</u>	<u>3388</u>
TOTAL NET ASSETS LESS CURRENT LIABILITIES		3624	3388
CAPITAL AND RESERVES			
Called-up equity share capital		2	2
Revaluation Reserve		2757	1630
Profit and loss account		<u>865</u>	<u>1756</u>
SHAREHOLDERS FUNDS		<u>3624</u>	<u>3388</u>

HAWTHORNS HEALTH LTD

BALANCE SHEET (continued)

The director is satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The director acknowledges his responsibility for:

- i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act and,
- ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved and signed by the director and authorized for issue on 16/8/16 (Date)



Christopher Ian Piff (Director)

Julia Mary Piff (Director)

Company Registration Number 05204321

HAWTHORNS HEALTH LTD
NOTES TO FINANCIAL STATEMENTS YEAR ENDED 31 JANUARY 2016

1 ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

In respect of long term contracts and contracts for on-going services, Turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long term contracts and contracts for on-going services is recognized by reference to the stage of completion.

Fixed Assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its Estimated residual value, over the useful economic life of an asset as follows:

Fixtures & Fittings - 20% on a reducing balance

Equipment - 20% on a reducing balance/33.33% on straight line.

Hire purchase agreements

Assets held under hire purchase agreements are capitalized and disclosed under tangible fixed assets at their fair value. The capital element of the future payments is treated as a liability and the interest is charged to the profit and loss account on a straight-line basis.

Pension costs

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. The annual contributions payable are charged to the profit and loss account.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

**HAWTHORNS HEALTH LTD NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 JANUARY 2016**

	2016	2015
2 OTHER OPERATING INCOME		
Other operating income	<u>0</u>	<u>0</u>
3 OPERATING PROFIT		
Operated profit is stated after charging:		
Directors Remuneration	0	0
Director's pension contribution	0	0
Wifes wages	0	0
Depreciation of owned fixed assets	<u>0</u>	<u>0</u>
4 DIRECTOR'S PENSION SCHEMES		
The number of directors who are accruing benefits under company pension schemes. Money purchase scheme	<u>0</u>	<u>0</u>
5 TAXATION ON ORDINARY ACTIVITIES		
Analysis of charge in year		
Current Tax		
UK Corporation tax based on the results For the year at 20%(21%)	<u>0</u>	<u>0</u>
6 DIVIDENDS		
Equity dividends		
Paid during year		
Equity dividends on shares	<u>881</u>	<u>0</u>

HAWTHORNS HEALTH LTD
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 JANUARY 2016

7 TANGIBLE FIXED ASSETS

	<u>2016</u>	<u>2015</u>
Stock	2198	2313

8 DEBTORS

Trade debtors		
VAT Recoverable		
Other debtors-WIP		
Other debtors		
Director's current accounts		
	<u>0</u>	<u>0</u>

9 CREDITORS: Due within one year

Overdrafts		
Other Creditors:		
Corporation Tax		
PAYE & NIC		
VAT		
Directors Loan accounts		
Other creditors	0	0
Accruals and deferred income	<u>0</u>	<u>0</u>