Registrars Copy Q COMPANY REGISTRATION NUMBER 520460

ABSOLUTELY STARVING (LUTON) LIMITED UNAUDITED ABBREVIATED ACCOUNTS 31ST MARCH 2009

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ABBREVIATED ACCOUNTS

YEAR ENDED 31ST MARCH 2009

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ABBREVIATED BALANCE SHEET

31ST MARCH 2009

	2009		1	2008	
	Note	£	£	£	£
FIXED ASSETS	2				
Intangible assets			13,780		17,812
Tangible assets			4,403		7,110
_			10 102		24.022
CURRENT ASSETS			18,183		24,922
Stocks		1,159		1,618	
Debtors		2,580		3,068	
Cash at bank and in hand		3,130		4,229	
		6,869		8,915	
CREDITORS: Amounts falling due		-		-	
within one year		24,911		31,167	
NET CURRENT LIABILITIES			(18,042)		(22,252)
TOTAL ASSETS LESS CURRENT					
LIABILITIES			141		2,670
CREDITORS: Amounts falling due a	fter				
more than one year			-		714
-			141		1.056
			141		1,956

ABBREVIATED BALANCE SHEET (continued)

31ST MARCH 2009

	2009		2008	
	Note	£	£	
CAPITAL AND RESERVES				
Called-up equity share capital	4	100	100	
Profit and loss account		41	1,856	
SHAREHOLDERS' FUNDS		141	1,956	

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 1985 (the Act) relating to the audit of the accounts for the year by virtue of section 249A(1), and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the company keeps proper accounting records which comply with section 221 of the Act, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 1985.

These abbreviated accounts were approved by the directors and authorised for issue on

- 16 9 9 and are signed on their behalf by:

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M J Burgoyne

Director

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 31ST MARCH 2009

1. ACCOUNTING POLICIES

Basis of accounting

The accounts have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

In respect of long-term contracts and contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion.

Amortisation

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Goodwill

8 years straight line

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Leasehold property

4 years straight line

Fixtures and fittings

5 years straight line

Motor vehicles

5 years straight line

Equipment

5 years straight line

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Hire purchase agreements

Assets held under hire purchase agreements are capitalised and disclosed under tangible fixed assets at their fair value. The capital element of the future payments is treated as a liability and the interest is charged to the profit and loss account on a straight line basis.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 31ST MARCH 2009

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^	F7F 87 F7 F7	ASSETS
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	Intangible Assets £	Tangible Assets £	Total £
COST			
At 1st April 2008 and 31st March 2009	32,260	14,283	46,543
DEPRECIATION			
At 1st April 2008	14,448	7,173	21,621
Charge for year	4,032	2,707	6,739
At 31st March 2009	18,480	9,880	28,360
NET BOOK VALUE			
At 31st March 2009	13,780	4,403	18,183
At 31st March 2008	17,812	7,110	24,922

RELATED PARTY TRANSACTIONS

The company was under the control of M J and Mrs M A Burgoyne throughout the current and preceding year.

At 31st March 2009, the directors' loan balance was £16,876 (2008 - £21,292).

SHARE CAPITAL

Authorised share capital:

	2009	2008
	£	£
600 Ordinary A shares of £1 each	600	600
200 Ordinary B shares of £1 each	200	200
200 Ordinary C shares of £1 each	200	200
	1,000	1,000
Allotted, called up and fully paid:		

	2009		2008	
	No	£	No	£
Ordinary A shares of £1 each	90	90	90	90
Ordinary B shares of £1 each	5	5	5	5
Ordinary C shares of £1 each	5	5	5	5
	100	100	100	100