



Companies House

- for the record

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Please complete in typescript,  
or in bold black capitals.

CHWP000

Company Number 05200179

Company Name in full 51-70 Waldemar Avenue Mansions RTM Company Limited

Date of appointment Day Month Year 3 0 0 4 2 0 0 9  
†Date of Birth Day Month Year 0 2 0 2 1 9 8 1

### Appointment form

Appointment as director ☒

as secretary ☐

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME \*Style / Title

Mr

\*Honours etc

Forename(s)

Ross Alan

Surname

Chainey

Previous Forename(s)

Previous Surname(s)

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

†† Usual residential address

Post town

London

Postcode

SW6 5LX

County / Region

Country

UK

†Nationality

British

†Business occupation

Journalist

†Other directorships (additional space overleaf)

TheFlo Fitness Limited

I consent to act as \*\* director / ~~secretary~~ of the above named company

Consent signature

*[Signature]*

Date

27/04/09

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

A director, secretary etc must sign the form below.

Signed

*[Signature]*

Date

29/4/09

(\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:  
Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland  
DX 235 Edinburgh  
or LP - 4 Edinburgh 2

THURSDAY



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30/04/2009

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COMPANIES HOUSE

