

Registered Number 05160488

BODY PLUS (EURO) LTD

Abbreviated Accounts

31 July 2013

Abbreviated Balance Sheet as at 31 July 2013

	<i>Notes</i>	<i>2013</i>	<i>2012</i>
		<i>£</i>	<i>£</i>
Fixed assets			
Tangible assets	2	4,441	5,449
		<u>4,441</u>	<u>5,449</u>
Current assets			
Stocks		36,150	47,380
Debtors		2,415	5,781
Cash at bank and in hand		8,690	2,092
		<u>47,255</u>	<u>55,253</u>
Net current assets (liabilities)		<u>47,255</u>	<u>55,253</u>
Total assets less current liabilities		<u>51,696</u>	<u>60,702</u>
Creditors: amounts falling due after more than one year		(59,215)	(63,780)
Total net assets (liabilities)		<u>(7,519)</u>	<u>(3,078)</u>
Capital and reserves			
Called up share capital		1	1
Profit and loss account		(7,520)	(3,079)
Shareholders' funds		<u>(7,519)</u>	<u>(3,078)</u>

- For the year ending 31 July 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 25 January 2014

And signed on their behalf by:

Satnam Singh Bahia, Director

Notes to the Abbreviated Accounts for the period ended 31 July 2013

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the value added tax and discounts, of goods provided to customers and work carried out in in respect of services provided to customers.

Tangible assets depreciation policy

Depreciation has been charged at the following rates:

Plant and machinery 20% reducing line basis

Motor vehicles 25% reducing line basis

2 Tangible fixed assets

	£
Cost	
At 1 August 2012	10,243
Additions	11
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2013	<u>10,254</u>
Depreciation	
At 1 August 2012	4,794
Charge for the year	1,019
On disposals	-
At 31 July 2013	<u>5,813</u>
Net book values	
At 31 July 2013	<u><u>4,441</u></u>
At 31 July 2012	<u><u>5,449</u></u>

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