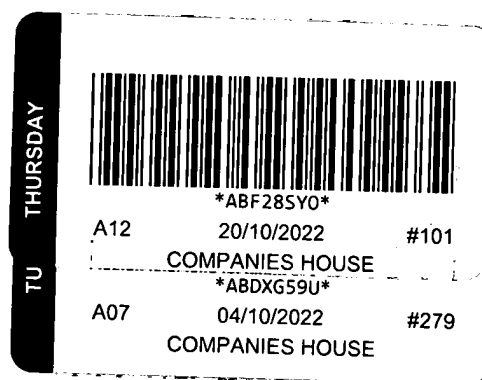


**SIMPLY COUNSELLING COMMUNITY INTEREST COMPANY
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**



Simply Counselling Community Interest Company
Financial Statements
For The Year Ended 31 March 2022

Contents

Page

Balance Sheet

1—2

Notes to the Financial Statements

3—5

Simply Counselling Community Interest Company
Balance Sheet
As at 31 March 2022

Registered number: 05155862

		2022		2021	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	3		13,693		16,978
			13,693		16,978
CURRENT ASSETS					
Debtors	4	3,354		2,995	
Cash at bank and in hand		140,869		180,757	
		144,223		183,752	
Creditors: Amounts Falling Due Within One Year	5	(36,933)		(101,860)	
NET CURRENT ASSETS (LIABILITIES)			107,290		81,892
TOTAL ASSETS LESS CURRENT LIABILITIES			120,983		98,870
PROVISIONS FOR LIABILITIES					
Deferred Taxation			(2,602)		(3,226)
NET ASSETS			118,381		95,644
Income and Expenditure Account			118,381		95,644
MEMBERS' FUNDS			118,381		95,644

Simply Counselling Community Interest Company
Balance Sheet (continued)
As at 31 March 2022

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

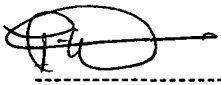
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Income and Expenditure Account.

On behalf of the board



Mrs Marie-Louise Wilson

Director

Date 13.10.22

The notes on pages 3 to 5 form part of these financial statements.

Simply Counselling Community Interest Company
Notes to the Financial Statements
For The Year Ended 31 March 2022

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	20% Reducing Balance
Fixtures & Fittings	20% Reducing Balance

1.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

2. Average Number of Employees

Average number of employees, including directors, during the year was: 6 (2021: 6)

Simply Counselling Community Interest Company
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2022

3. Tangible Assets

	Fixtures & Fittings
	£
Cost	
As at 1 April 2021	41,901
Additions	1,279
As at 31 March 2022	<u>43,180</u>
Depreciation	
As at 1 April 2021	24,923
Provided during the period	4,564
As at 31 March 2022	<u>29,487</u>
Net Book Value	
As at 31 March 2022	<u>13,693</u>
As at 1 April 2021	<u>16,978</u>

4. Debtors

	2022	2021
	£	£
Due within one year		
Prepayments and accrued income	3,354	2,995
	<u>3,354</u>	<u>2,995</u>

5. Creditors: Amounts Falling Due Within One Year

	2022	2021
	£	£
Trade creditors	5,177	5,013
Corporation tax	7,010	12,652
Other taxes and social security	141	1,575
Net wages	-	7,030
Nest Pension (Current liabilities - creditors < 1 year)	122	86
Deferred Income (Current liabilities - creditors < 1 year)	24,195	74,640
Accruals (Current liabilities - creditors < 1 year)	288	864
	<u>36,933</u>	<u>101,860</u>

6. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

7. Reserves Policy

The company maintains financial reserves to lie within a range sufficient to cover three to six months total expenditure.

Simply Counselling Community Interest Company
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2022

8. General Information

Simply Counselling Community Interest Company is a private company, limited by guarantee, incorporated in England & Wales, registered number 05155862. The registered office is Unit 4a Stoke Damerel Business Centre, 5 Church Street, Plymouth, PL3 4DT.

000002/15

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

Company Name in
full

Simply Counselling CIC

Company Number

05155862

Year Ending

31/03/2022

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

From the period 01/04/2021 - 31/03/2022 Simply Counselling continued to offer affordable counselling to the people of Plymouth and surrounding areas. We also made sure our services were quick to access.

We were sub-contracted to provide support for Caring for Carers, the Learning Academies Trust, Highview School, Broadley Speaking, Peverell GPs, The Zone (staff) and the Family Intervention Organisation. In all instances we provide counselling services as a priority.

We continued with our work funded by the National Lottery which has been providing counselling to Families Affected by Domestic Abuse, a 5-year project which has been eminently successful. And we also had funding from the Tudor Trust to offer counselling for victims of sexual abuse and to employ a Support Worker, making support accessible to those who have experienced any domestic / sexual abuse.

We ran 'Simply Recovering Resilience', another funded project (Devon Community Foundation) which was extremely helpful to people suffering from the combined negative effects of trauma and the pandemic.

And our Crisis Holding sessions, funded by Awards for All, meant we could offer crisis counselling as a change from our usual long-term work, something often necessary for people in extreme cases of trauma.

We have actively promoted our services to GPs in Plymouth who refer patients to us for counselling rather than have them wait in long NHS queues; and we have promoted our services in schools.

And we continued to provide placements for students studying on Diploma Counselling courses and we remain a highly respected and sought-after placement.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

We do not have any stakeholders.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

All of our Directors are volunteer directors, no remuneration.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

"no transfer of assets other than for full consideration has been made"


(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed



Date

29/09/2022

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

CEO: Marie-LouiseCç Wilson

mlsimplycounsellingcic@gmail.com

Tel: 07894 039333

DX Number

DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)