

Registered number: 05155862

**SIMPLY COUNSELLING COMMUNITY INTEREST COMPANY
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**



Simply Counselling Community Interest Company
Financial Statements
For The Year Ended 31 March 2020

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Simply Counselling Community Interest Company
Balance Sheet
As at 31 March 2020

Registered number: 05155862

		2020	2019 as restated
	Notes	£	£
FIXED ASSETS			
Tangible Assets	4	17,177	16,728
		17,177	16,728
CURRENT ASSETS			
Debtors	5	2,779	2,657
Cash at bank and in hand		101,402	104,725
		104,181	107,382
Creditors: Amounts Falling Due Within One Year	6	(71,205)	(54,892)
NET CURRENT ASSETS (LIABILITIES)		32,976	52,490
TOTAL ASSETS LESS CURRENT LIABILITIES		50,153	69,218
PROVISIONS FOR LIABILITIES			
Deferred Taxation		(3,264)	-
NET ASSETS		46,889	69,218
Income and Expenditure Account		46,889	69,218
MEMBERS' FUNDS		46,889	69,218



M-L WILSON

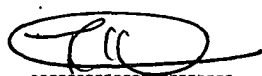
Simply Counselling Community Interest Company
Balance Sheet (continued)
As at 31 March 2020

For the year ending 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.
- The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Income and Expenditure Account.

On behalf of the board

 M-L WILSON.

Mrs Marie-Louise Wilson

Director

25 January 2021

The notes on pages 3 to 4 form part of these financial statements.

Simply Counselling Community Interest Company
Notes to the Financial Statements
For The Year Ended 31 March 2020

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	20% Reducing Balance
Fixtures & Fittings	20% Reducing Balance

1.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 6 (2019: 6)

Simply Counselling Community Interest Company
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2020

4. Tangible Assets

	Fixtures & Fittings £
Cost	
As at 1 April 2019	33,111
Additions	4,744
As at 31 March 2020	<u>37,855</u>
Depreciation	
As at 1 April 2019	16,383
Provided during the period	4,295
As at 31 March 2020	<u>20,678</u>
Net Book Value	
As at 31 March 2020	<u>17,177</u>
As at 1 April 2019	<u>16,728</u>

5. Debtors

	2020 £	2019 as restated £
Due within one year		
Trade debtors	900	2,030
Prepayments and accrued income	1,879	627
	<u>2,779</u>	<u>2,657</u>

6. Creditors: Amounts Falling Due Within One Year

	2020 £	2019 as restated £
Trade creditors	1,445	1,724
Corporation tax	1,228	5,755
Other taxes and social security	3,777	1,235
Net wages	17,575	-
Deferred Income (Current liabilities - creditors < 1 year)	45,452	46,178
Accruals (Current liabilities - creditors < 1 year)	1,728	-
	<u>71,205</u>	<u>54,892</u>

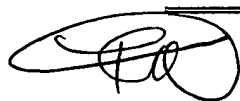
7. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

8. General Information

Simply Counselling Community Interest Company is a private company, limited by guarantee, incorporated in England & Wales, registered number 05155862. The registered office is Unit 4a Stoke Damerel Business Centre, 5 Church Street, Plymouth, PL3 4DT.

 M. L. WILSON

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

Simply Counselling CIC

Company Number

05155862

Year Ending

31st March 2020

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

During the period 01.04.2019 - 31.03.2020 we have continued to offer an affordable counselling service to the people of Plymouth and the surrounding area.

We were sub-contracted to run a counselling service for Caring for Carers. Hearts Together (formerly Heartswell Lodge) also provide us with funding to provide a support group to heart patients, this ended in December 2019. Plymouth City Council have instructed us to work with their Family Intensive Intervention Project to provide counselling to children and families that are struggling with various issues. (This is done on a purchase order basis). The Plymouth Astor Trust (formerly Virginia House Settlement) funded counselling for 2 adults (female) who had suffered sexual abuse during childhood and as a result have multiple problems with mental health, coping strategies and life skills.

We were successful in obtaining Tudor Trust funding to employ a Support Worker for 3 years to provide support and make counselling accessible to those who have experienced domestic and sexual abuse plus 3 years funding for counselling sessions for sexual abuse in. This project started in September 2019.

We are on our third of 5 years Lottery funding to provide counselling to Families Affected by Domestic Abuse. The project launched in January 2018.

We have actively promoted our services to GP's in Plymouth who refer patients to us for counselling, rather than them waiting for free NHS counselling which often involves a long waiting list. We have also promoted our services in local schools.

We provide Counselling Supervision to staff members from Learning Academies Trust and Highview School.

We provide counselling to staff members from The Zone, Plymouth.

We have organised Simply Day 2019 (6th April 2019) - a showing of the 'Resilience: The biology of stress and the science of hope' a documentary film and a talk on Adverse Childhood Experiences and Simply Day 2020 (28th February 2020) a training day led by Margot Sutherland.

We have continued to provide placements for students studying on Diploma Counselling courses and remain a sort-after placement.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The stakeholders are the volunteers and the clients. We obtain feedback from our clients using a questionnaire and a monitoring and evaluation system called CORE IMS. Volunteer clients and counsellors are consulted on the running of the service and how best to serve the community and clients. We continue to have both passive and active methods of obtaining client feedback which we use to improve and monitor our service.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received by any director for their role as director, however some out of pocket expenses have been reimbursed such as travel costs, mobile phone costs and supervision costs

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

22/03/21

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Mrs M-L Wilson	
Unit 4a, Stoke Damerel Business Centre,	
5 Church Street, Stoke,	
Plymouth PL3 4DT	Tel 01752 560900
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

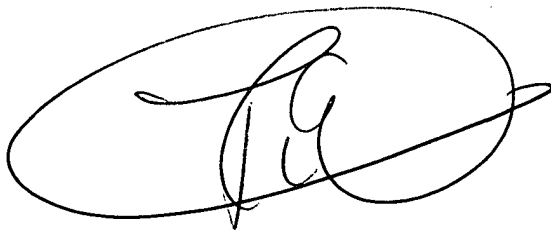
For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)



22/03/21