

Registered number
05122024

Able Health and Safety Consultants Ltd

Abbreviated Accounts

31 May 2009

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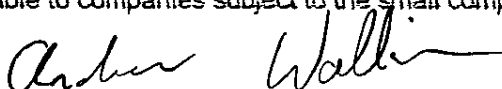
Able Health and Safety Consultants Ltd
Abbreviated Balance Sheet
as at 31 May 2009

	Notes	2009 £	2008 £
Fixed assets			
Tangible assets	2	1,477	1,969
Current assets			
Cash at bank and in hand	-	5,942	
Creditors: amounts falling due within one year			
	(11,933)	(2,791)	
Net current (liabilities)/assets		(11,933)	3,151
Net (liabilities)/assets		(10,456)	5,120
Capital and reserves			
Called up share capital	4	100	100
Profit and loss account		(10,556)	5,020
Shareholders' funds		(10,456)	5,120

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.



Mr A Walker
Director

Approved by the board on 29 September 2009

Able Health and Safety Consultants Ltd
Notes to the Abbreviated Accounts
for the year ended 31 May 2009

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	20% straight line
Motor vehicles	25% straight line

Stocks

Stock is valued at the lower of cost and net realisable value.

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

Leasing and hire purchase commitments

Assets held under finance leases and hire purchase contracts, which are those where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet and depreciated over their useful lives. The corresponding lease or hire purchase obligation is treated in the balance sheet as a liability.

The interest element of the rental obligations is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding.

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Pensions

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

Able Health and Safety Consultants Ltd
Notes to the Abbreviated Accounts
for the year ended 31 May 2009

2 Tangible fixed assets **£**

Cost

At 1 June 2008 4,074

At 31 May 2009 4,074

Depreciation

At 1 June 2008 2,105

Charge for the year 492

At 31 May 2009 2,597

Net book value

At 31 May 2009 1,477

At 31 May 2008 1,969

3 Investments **£**

Cost

Additions 20,000

Disposals (20,000)

At 31 May 2009 -

4 Share capital	2009	2008	2009	2008
	No	No	£	£
Allotted, called up and fully paid:				
Ordinary shares of £1 each	100	100	100	100
0 shares of £1 each	100	100	-	-
			<u>100</u>	<u>100</u>

[State the class, number, nominal value and amount received for shares issued during the year]