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Please complete in typescript, or in bold black capitals.

CHFP025

Terminating appointment as director or secretary

(NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

5110137

METROPOLITAN LIFECARE LIMITED

Company Name in full

Company Number

			Day Month Year
Date of termination of appointment		of appointment	1 8 0 6 2 0 0 4
		as director	X as secretary Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.
Please insert	NAME	*Style / Title	*Honours etc
details as previously		Forename(s)	
notified to Companies Ho	House.	Surname	M AND A NOMINEES LIMITED
			Day Month Year
		†Date of Birth	

*	Voluntary	details
	VUILLIILALV	uerans

† Directors only.
**Please delete as appropriate

Please give the name, address,

telephone number and, if available,

a DX number and Exchange of

the person Companies House should

contact if there is any query.

Signed

Date

(** serving director/secretary/administrator/administrative receiver/receiver manager/receiver)

M and A Solicitors

Kenneth Pollard House, 5-19 Cowbridge Road East, Cardiff, CF11 9AB

A serving director, secretary etc must sign the form below.

Tel (029) 20665793

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales

COMPANIES HOUSE 26/06/04

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland

DX 235 Edinburgh