Registered Number 05105843

ACADEMY FITNESS WESTCLIFF LIMITED

Abbreviated Accounts

30 April 2009

ACADEMY FITNESS WESTCLIFF LIMITED **Registered Number 05105843**

Balance Sheet as at 30 April 2009

	Notes	2009		2008	
		£	£	£	£
Fixed assets					
Tangible	2		56,000		0
Total fixed assets			56,000		0
Current assets					
Debtors		0		17,010	
Cash at bank and in hand		32		0	
Total current assets		32		17,010	
Creditors: amounts falling due within one year		(56,207)		(16,995)	
Net current assets			(56,175)		15
Total assets less current liabilities			(175)		15
Total net Assets (liabilities)			(175)		15
Capital and reserves					
Called up share capital			100		100
Profit and loss account			(275)		(85)
Shareholders funds			(175)		15

a. For the year ending 30 April 2009 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 29 January 2010

And signed on their behalf by:
A. Lesta-Candal, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 30 April 2009

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land and Buildings	0.00%

2 **Tangible fixed assets**

Cost	£
At 30 April 2008	0
additions	56,000
disposals	
revaluations	
transfers	
At 30 April 2009	56,000
Depreciation	
At 30 April 2008	0
Charge for year	
on disposals	
At 30 April 2009	0
Net Book Value	
At 30 April 2008	0
At 30 April 2009	56,000