



Companies House

AR01 (ef)

Annual Return



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X58LW7RC

Company Name: **PERSONAL TRAINING UK LIMITED**

Company Number: **05105818**

Date of this return: **19/04/2016**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **ST LAURENCE 2 GRIDIRON PLACE
UPMINSTER
ESSEX
ENGLAND
RM14 2BE**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **LEE**

Surname: **SCOTT**

Former names:

Service Address: **44 SOUTH VIEW ROAD
BENFLEET
ESSEX
ENGLAND
SS7 5ND**

Company Director ***1***

Type: **Person**

Full forename(s): **JON**

Surname: **BORLAND**

Former names:

Service Address: **116 MIDDLE CROCKERFORD
LANGDON HILLS
BASILDON
ESSEX
ENGLAND
SS16 6RH**

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/08/1976** *Nationality:* **BRITISH**

Occupation: **PERSONAL TRAINER**

Company Director 2

Type: **Person**

Full forename(s): **LEE**

Surname: **SCOTT**

Former names:

Service Address: **44 SOUTH VIEW ROAD
BENFLEET
ESSEX
ENGLAND
SS7 5ND**

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/09/1983** *Nationality:* **BRITISH**

Occupation: **PERSONAL TRAINER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY A	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

A. FULL VOTING RIGHTS. B. FULL RIGHT TO DIVIDENDS C. FULL RIGHT TO ANY DISTRIBUTION D. NO REDEMPTION OPTION

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 19/04/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY A shares held as at the date of this return**
Name: **LEE SCOTT**

Shareholding 2 : **1 ORDINARY A shares held as at the date of this return**
Name: **JON BORLAND**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.