Unaudited Abbreviated Accounts for the Year Ended 31 March 2010

L H Phillips & Co Chartered Accountants and Business Advisors 29/30 Quay Street Carmarthen SA31 3JT





15 27/11/2010 COMPANIES HOUSE 270

Contents

bbreviated balance sheet	- :
lotes to the abbreviated accounts 2 to	o 3

Adept GRP Ltd Abbreviated Balance Sheet as at 31 March 2010

	20		0	2009	
	Note	£	£	£	£
Fixed assets Tangible assets	2		12,823		15,205
Current assets Stocks Debtors Cash at bank and in hand		3,956 158,335 119 162,410		7,450 140,817 ————————————————————————————————————	
Creditors: Amounts falling due within one year	_	(155,574)		(131,260)	
Net current assets			6,836		17,007
Total assets less current liabilities			19,659		32,212
Provisions for liabilities			(1,612)		(1,704)
Net assets			18,047		30,508
Capital and reserves Called up share capital Profit and loss reserve	3		2 18,045		30,506
Shareholders' funds			18,047		30,508

For the financial year ended 31 March 2010, the company was entitled to exemption from audit under section 477(1) of the Companies Act 2006, and no notice has been deposited under section 476(1) requesting an audit The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the year and of its profit or loss for the financial year in accordance with the requirements of section 394 and which otherwise comply with the Companies Act 2006, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of the Companies Act 2006 relating to companies subject to the small companies regime

Approved by the Board on Q5 11-10 and signed on its behalf by

T R Vaughan Director

The notes on pages 2 to 3 form an integral part of these financial statements

Notes to the abbreviated accounts for the Year Ended 31 March 2010

1 Accounting policies

Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents amounts chargeable, net of value added tax, in respect of the sale of goods and services to customers

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows

Plant and machinery 25% straight line basis
Office equipment 25% straight line basis
Motor vehicles 25% straight line basis

Stock and work in progress

Stock and work in progress are valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

Deferred taxation

Deferred tax is recognised, without discounting, in respect of all timing differences between the treatment of certain items for taxation and accounting purposes, which have arisen but not reversed by the balance sheet date, except as required by FRSSE

Deferred tax is measured at the rates that are expected to apply in the periods when the timing differences are expected to reverse, based on the tax rates and law enacted at the balance sheet date

Operating leases

Rentals payable under operating leases are charged in the profit and loss account on a straight line basis over the lease term

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Notes to the abbreviated accounts for the Year Ended 31 March 2010

continued

2 Fixed assets

			Tangible assets £
	Cost		
	As at 1 April 2009		29,831
	Additions		4,867
	Disposals		(3,600)
	As at 31 March 2010		31,098
	Depreciation		
	As at 1 April 2009		14,626
	Eliminated on disposals		(2,550)
	Charge for the year		6,199
	As at 31 March 2010		18,275
	Net book value		10.000
	As at 31 March 2010		12,823
	As at 31 March 2009		15,205
3	Share capital		
		2010 £	2009 £
	Allotted, called up and fully paid		
	Equity		
	2 Ordinary shares of £1 each	2	2